Genesis Centre Special Events Fall Calendar
Pages 14-15

Community Skatepark Open!
Saddle Ridge

Boys & Girls Clubs of Calgary
Martindale

Managing a Budget
Taradale

Craft Fair November 16th

Cityscape Family Dental
Serving Individuals, Families & Communities
ACCEPTING NEW SMILES!
403.226.2121 Dr. Rashmi Bajaj & Team
SADDLE RIDGE

Message from the President

So, here we are again, school is in, the trees are turning colour and the temperature is starting to fall slightly. Autumn, the precursor to Thanksgiving, Halloween and most important, Remembrance Day.

Saddle Ridge has had a busy summer, ending with our Annual Clean Up on September 15th. I would like to thank our much appreciated volunteers who were the cog of getting (my estimate) 400 vehicles through the line in 5 hours. This was not an easy task and between these fine people and the Attendance Centre things went smoothly and quickly.

A special shout out to Judy Brown, our Land Use Chair, who has worked tirelessly on this event for a few years now. She started in January and worked through to “the Day”. A special thanks to the gentlemen from City Waste, who gave up their Sunday to come and help us keep our area tidy.

We went through at least four city garbage trucks which is a huge accomplishment. A more accurate accounting of the weight will be received at a later date. I would also like to thank George Chahal and Stan Sandhu for coming and ‘directing traffic’ for us. Great job guys!

The Pond Party this year did not go as well as we had hoped. The “tornado” as we call it, tore the bouncy houses out of the ground and ruined two of the community tents. This, unfortunately, ended the Pond Party at an early hour. Next year will be better!

We are now looking forward to our Annual General Meeting, to be held November 27th, at the Genesis Centre. All are welcome and we look forward to seeing you there.

Sue Clark
President, Saddle Ridge Community Association

Recognizing a Community Volunteer

Ron Tarrant

Ron Tarrant was born in London, England in 1931, a twin brother to Peter (currently living in Okotoks). Ron immigrated to Canada with his wife Lina in 1958, and eventually became a police officer with the Calgary Police Service. During his career, Ron served as Superintendent of the CPS. He moved onto an acreage here in the community of Saddle Ridge in 1972 with his wife, his daughter Susanne and son Stewart. He became very active in the community association, and served as President from 1988-1993. Ron assisted with our association’s bingo events and the first few casinos.

After retiring from the CPS, Ron and Lina left Saddle Ridge and moved to Valley Ridge in west Calgary. Of note is Ron’s artwork for the police department. Almost all the artwork on the police service’s Olympic pins for the 1988 Calgary Olympics was done by Ron prior to his retirement. Having just turned 88, Ron enjoys his days at a retirement home in Valley Ridge. Congratulations to Ron for all his good work in our community.

—Greg Steiner
Clean Up Day In Saddle Ridge

DIRECTORY

Saddle Ridge Community Association
27 7555 Falconridge Blvd NE
Calgary T3J 0C9
Phone: (403) 590-2833

To contact the board please email
president@mysrca.ca
Web:
http://www.mysrca.ca

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**Signage Bylaws**

Signage includes temporary signs, mobile community signs, election signs, and signs that advertise a service. All of these are regulated under our Temporary Signs Bylaw.

**SIGNS ON MUNICIPAL PROPERTY**

*A temporary sign is not legally placed if it:*

- Is closer than 15 metres to any intersection.
- Is closer than 30 metres to any City bus shelter, transit bench, bus zone, LRT station, or LRT platform.
- Is placed in a Playground Zone or School Zone.
- Is placed within 20 metres of a sign which is posted by the same owner or depicts, advertises or promotes the same idea.
- Is placed on or within 2 metres of a Fire Hydrant.
- Is placed within 10 metres on a crosswalk that is not at an intersection.
- Is closer than 2 metres from the curb or edge of road.
- Is placed on any traffic island or centre median.
- Obstructs any traffic control device.
- Is erected on any prohibited or restricted roadway.
- Creates a traffic or pedestrian hazard.
- Is displayed for more than 14 days before or more than 24 hours following the date of the advertised event, whichever is less (see exceptions for election signage below).

*A temporary sign is not legally attached if it is:*

- Is attached to a standard street light pole, traffic signal pole, or a City sign pole (except for posters).
- Is attached on or within a plus 15 bridge, pedestrian walkway, or overpass.
- Is attached to a sound wall.
- Is permanently affixed.
- Is supported by string, rope or metal guide-wire.
- Causes or could cause damage to municipal property.

*In addition, a temporary sign is not legal if it:*

- It has a position, shape, colour, format or illumination which is similar to a Traffic Control Device.
- Is placed on any decorative or painted lamp post. Including posters.
- Could be a hazard to either the person erecting the sign, or any member of the public.
- Has a sign face larger than 0.6 square metres (3 square metres for election signs and Mobile Community Signs).
- Is higher than 0.92 metres when measured from grade to the highest part of the sign (2.5 metres for election signs and Mobile Community Signs).
- Is lit, electrified, or inflatable.
- Is unsightly, damaged, or in disrepair.

Fines for violations of these regulations range between $75 and $1000.

For more information visit https://www.calgary.ca/CSPS/ABS/Pages/Bylaws-by-topic/Signage.aspx

**Becoming a Member of the Saddle Ridge Community Association**

For starters, as a homeowner in Saddle Ridge it’s the right thing to do. It is with your support that we are able to exist and operate. We have great plans and you are a huge part of them. The SRCA is the only voice of the Saddle Ridge Community to the Government, Developers, Calgary Parks, and the City of Calgary. The amount of effort already put in by the Board on land use, soccer programs and recycling over the last few years has been significant! Community Spirit is another big reason to have our Community Association. Over the past few years the SRCA has held numerous successful community events including the Pond Parties, Casino, Recycling and Community Cleanups.

Join today! Email us at saddleridgepresident@shaw.ca or visit www.mysrca.ca
Building Youth Connections is a program of the Boys and Girls Clubs of Calgary that runs at the Genesis Centre. This summer we had a lot of fun meeting new people and trying new things, including skateboarding!

We partnered with C.A.S.E. (Calgary Association of Skateboard Enthusiasts) and Academy Skateboard Collective to host a 5 session “Introduction to Skateboarding” camp at the Genesis Centre. Damien, a youth who participated, said it was “really cool to learn a new skill and get better at it. I learned not to give up and not to be afraid of trying new tricks”. The youth learned the basics of how to move safely on a skateboard, skateboarding etiquette, and got a sneak preview of the Genesis Centre Skateboard Park before it opened. Thanks to the generous support of C.A.S.E. and Academy, all the youth who attend the full week were given a skateboard and helmet to keep skateboarding on their own after the camp. Damien says “Yeah, my friends and I have been to the skate park a bunch now that it’s opened. It’s cool that I know how to use it a bit.” Building Youth Connections works with all youth ages 12-24 year round through after-school programs at the Genesis Centre, with a focus on helping immigrant and refugee youth make connections. Our programs are free of charge, and include sports, cooking, life-skills, employment support, and leadership. If you are interested in knowing more, come visit us in our office at Genesis overlooking the soccer pitches, follow us on social media @buildingyouthconnections, or call Melody at 403-700-2298 for more information.
After more than three years of planning, visioning, and development, the NE Community Skatepark is now officially open! The addition of the skatepark to the Genesis Centre community marks a major milestone for the implementation of the City of Calgary’s Skateboard Amenities Strategy, a strategy approved by City Council in December 2011. The opening of the NE Community Skatepark now marks the completion of the eighth out of eight sites to be developed through Council-supported funding in 2015.

The NE Community Skatepark would not have been possible without significant community demand and consultation from the surrounding communities of Martindale, Taradale, and Saddle Ridge. The inclusion of the park to these communities will not only add vibrancy but will provide opportunities for youth to be active and socially engaged, as well as provide a safe community gathering space.

To commemorate the official opening, a Grand Opening Ceremony took place on Saturday, September 7th on-site the new park. The event featured speeches from dignitaries, including Ward 5 City Councillor George Chahal and Mayor Naheed Nenshi, tons of giveaways for kids, as well as a symbolic ribbon-cutting and skateboarding demonstration via Calgary Association of Skateboarding Enthusiasts (C.A.S.E.).

The new skatepark can be accessed via the Genesis Centre south parking lot (7555 Falconridge Blvd. NE). Since its opening, the skatepark has seen ample amounts of use from skaters, young and old, bikers, and other “wheeled-sport” users.
ALL CANADIAN KARATE UNION
KARATE ON SATURDAYS
AT GENESIS CENTRE
Ages 4 to 6  11:30 am – 12:00 pm
Ages 7+  12:00 pm – 1:00 pm
Annual Membership: $50 Each Student
Monthly Training Fees: Single $55  Family (2+) $95
All prices include GST. Register at the Classes.
403-232-0228  www.acku.org
Also train Monday evenings at Hugh A. Bennett School in Saddle Ridge at no extra charge!

GENESIS
PHYSIOTHERAPY & MASSAGE
403-453-2420
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• Car Accident Injuries
• WCB / Work Injuries
• Dizziness & Vestibular Tx
• Back & Neck Pain
• Acupuncture & More

BOOK YOUR APPOINTMENT NOW!
genesisphysio.ca

CUSTOM FOOT ORTHOTICS
CHIROPRACTOR SERVICES
CLINICAL PSYCHOLOGIST
WE CAN DIRECT BILL

VISIT OUR 2 NEW CALGARY LOCATIONS:

Lotus Link Fall 2019  Page 7
Fall is always an exciting time of changes and restarts. I am pleased to update the community on a number of achievements by our board in recent months. We had a very busy and successful garbage cleanup day. We would like to thank the City of Calgary and the staff who did a wonderful job in helping us. We would also like to thank Mr. Jagdev Singh Sidhu (403-561-0827) who supplied us with free metal bins. He worked until the late hours to make sure all of the metal was taken away from the site. Our Casino was on August 5th and 6th and it was a success for which we would like to thank everyone who volunteered as this greatly helps our community.

Now that the summer is over and everyone is getting back into their routines we would still like to make a call for volunteers. This is a great time for you the members of our precious community to step forward and help us by volunteering. We need more board members and we also need additional volunteers for our sub-committees such as donation, planning and development etc. Call our number at 403-930-6188 Ext.2 or email us at martindale_community@yahoo.ca if you are able to help.

Our continued efforts to remind everyone of the benefits of a clean community is not meant to pester our members but to keep positive in our mission. Let’s all make a genuine effort to clean up our neighborhood and be proud of helping our neighbors. Let’s show that we do care and if everyone makes a small effort we can get there together. I would like to see that we have the cleanest community in Calgary.

We are a vibrant multicultural community and we love it. Let’s talk about serious issues we have in our community and what we can do to help or seek help.

Puma Banwait
President, Martindale Community Association
Deterring Crime in Martindale

What you can do . . .

• Don’t leave your car doors unlocked
• Don’t leave your garage unlocked
• Don’t leave your house unlocked
• Don’t leave windows open with an exposed screen
• Don’t leave valuable equipment/yard tools/tires/bikes out in your yard

If you are a victim of these criminals please report it to Calgary Police Service, no matter how small. They use the statistics to track waves of crime.

www.calgary.ca/cps/Pages/Report-a-crime.aspx

REPORTS YOU CAN SUBMIT ONLINE

• Damage to Property - The act of vandalizing or defacing your property.
• Value of Theft or Damage under $5,000
• Damage to Vehicle - The act of vandalizing or defacing a vehicle.
• Lost Property (excluding government identification) - When property is missing or lost.
• Theft - Your property is taken without your permission.
• Shoplifting - Taking goods from a business without owner’s permission and valid payment
• Theft from Vehicle - Property is taken from a vehicle without the owner’s permission.
• Car prowling - The act of entering a vehicle with the intent to steal property, but no property is not stolen nor any damage incurred.

For any other crimes not listed here phone 403 266-1234 or 911 if it is an emergency.

Our goal is to make Martindale great. We cannot do it without your HELP!
Back to School Means Sharing the Road

Slow Down:

School days bring congestion: school buses are picking up their passengers, kids on bikes are hurrying to get to school before the bell goes, harried parents are trying to drop their kids off before work. It’s never more important for drivers to slow down and pay attention than when kids are present – especially before and after school.

Schools often have very specific drop-off procedures for the school year. Make sure you know them for the safety of all kids. The following apply to all school zones:

• Don’t double park; it blocks visibility for other children and vehicles.
• Don’t load or unload children across the street from the school.
• Carpool to reduce the number of vehicles at the school.

SHARING THE ROAD WITH YOUNG PEDESTRIANS

According to research by the National Safety Council, most of the children who lose their lives in bus-related incidents are 4 to 7 years old, and they’re walking. They are hit by the bus, or by a motorist illegally passing a stopped bus. A few precautions go a long way toward keeping children safe:

• Don’t block the crosswalk when stopped at a red light or waiting to make a turn, forcing pedestrians to go around you. This could put them in the path of moving traffic.
• In a school zone when flashers are blinking, stop and yield to pedestrians crossing the crosswalk or intersection.
• Always stop for a school patrol officer or crossing guard holding up a stop sign.
• Take extra care to look out for children in school zones, near playgrounds and parks, and in all residential areas.
• Don’t honk or rev your engine to scare a pedestrian, even if you have the right of way.

• Never pass a vehicle stopped for pedestrians.
• Always use extreme caution to avoid striking pedestrians wherever they may be, no matter who has the right of way.

SHARING THE ROAD WITH SCHOOL BUSES

If you’re driving behind a bus, allow a greater following distance than if you were driving behind a car. It will give you more time to stop once the yellow lights start flashing. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children.

• Never pass a bus from behind – or from either direction if you’re on an undivided road – if it is stopped to load or unload children.
• If the yellow or red lights are flashing and the stop arm is extended, traffic must stop.
• The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them space to safely enter and exit the bus.
• Be alert; children often are unpredictable, and they tend to ignore hazards and take risks.

SHARING THE ROAD WITH BICYCLISTS

On most roads, bicyclists have the same rights and responsibilities as vehicles, but bikes can be hard to see. Children riding bikes create special problems for drivers because usually they are not able to properly determine traffic conditions. The most common cause of collision is a driver turning left in front of a bicyclist.

• When passing a bicyclist, proceed in the same direction slowly, and leave 3 feet between your car and the cyclist.
• When turning left and a bicyclist is approaching in the opposite direction, wait for the rider to pass.
• If you’re turning right and a bicyclists is approaching from behind on the right, let the rider go through the intersection first, and always use your turn signals.

Source: www.nsc.org/home-safety/seasonal-safety/back-to-school/drivers
Managing a Budget

In today’s hard economics times here are a few housekeeping tips. Taking care of a family is hard enough, but managing the finances can seem next to impossible. Not only do you want to give them everything you can, but you also want to do it all without breaking the bank.

Here are 10 ways to create and manage a budget that you can stick to that provides your family with what they need.

1. Track Your Spending Habits. There are several free programs online for tracking how you currently spend your money. Mint.com offers a great budgeting tool that categorizes all of the income and expenses coming into and out of your account. This will allow you to see trends and note when you are spending a little more in a category than you would ideally like.

2. Set a Realistic Budget. Budgets can be tricky, so set one that you can be comfortable with. Take your new knowledge from tracking your spending habits and map out expense categories such as rent, mortgage, utilities, entertainment and groceries. Look for areas where you think you could possibly cut back to increase the amount of money going into investments and/or savings.

3. Think of the Long Term. The week-to-week or month-to-month planning is necessary. However, planning ahead for emergencies, down payments for cars, improvements to your home, etc. are absolutely essential. Consider having your paychecks split into multiple accounts to ensure that you are putting money aside for the long term.

4. Get the Whole Family on Board. Being the enforcer of a budget is a tough job, especially when it comes to things like eating out. It can be easy to just run through a fast food restaurant when you’re tired and the kids are hungry. Instead, though, give them the option to help choose the menu for dinners. Having their buy-in on decisions like these will make your job less difficult.

5. Look for Ways to Increase Savings. There are many opportunities out there to help you pay less for the items you need. Consider couponing or becoming a rewards member to your most frequently visited stores.

6. Schedule Bill-Paying Days. Setting aside a time when you can really focus on getting things paid and taking care of anything unusual with a vendor is incredibly important. Whether that’s the same day every week or the 15th and the 30th, be sure to make it consistent. As the process can be tedious, find a way to treat yourself.

7. Spend Time Reevaluating Your Budget. Budgets change as the needs of your family change. Be prepared to make adjustments to your budget after several months of giving it a go. If you notice that you aren’t spending nearly as much on groceries as you thought you would, redirect some of those monies to an area where you could use a cushion.

8. Look for Ways to Make a Little Extra Cash. Put a few more dollars in your pocket by finding innovative ways to make money on the side. Incentive programs like SwagBucks and Memolink allow you to gain points by watching videos, filling out surveys and taking quizzes. You can then exchange those points to get gift cards to some of your favorite retailers.

9. Watch Credit Card Spending. Credit cards have their benefits, but a lot of people get themselves into trouble when they charge purchases with money they don’t have to spend. If you use a credit card to get the rewards, be sure to pay the balance off at the end of the month. Leaving a balance can accrue interest and finance charges which will leave you spending more for an item than it was actually worth.

10. Use Lists When Shopping. One of the best ways to stick to a budget is through the use of lists. Before you even walk through the door of the store, write down what it is you are going to purchase. Take the list with you and only purchase those items.

Source: Guest Writer Savannah Hemmings on modernmom.com
Outdoor Community Food Bank

Because of the Alberta recession, people now need food banks more than ever. However, many people in need have encountered difficulties in going to big food banks because of issues like privacy, timing, transportation and other reasons. We decided it would be a good idea to build something easily accessible. No ID would be required. It would be open 24 hours, and of course, be in keeping with our motto: keep a blessing/leave blessing. People can come whenever they like, take what they need, or voluntarily drop off supplies.

To meet this purpose we developed our first food bank and launched it on my front lawn on July 27th, in an opening ceremony attended by none other than the lieutenant Governor of Alberta, who did us the honor of coming all the way for the occasion. Now, this food bank is running well and helping those who are less fortunate. Our next plan is to do this again with a library, so we can continue to spread our mission LOVE and PEACE around the world.

—Syed Hassan
Two for One Tuesdays

Tuesdays: Get active with a friend at the Genesis Centre. Show the PlayCity app, get two admissions for the price of one.

Don’t have the PlayCity app? Download it for free and connect!
www.playcityapp.com | @playcityapp
### October 2019

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Visit our website at www.genesis-centre.ca or our Facebook page at www.facebook.com/pg/GenesisCentreYYC/about for an up-to-date schedule of drop-in times and activities.

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**DECEMBER 2019**

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**Christmas Tree Lighting November 29th from 3 - 6 PM**

A collaborative initiative co-hosted by all the partners within the Genesis Centre, this event is completely free and open to any and all who would like to partake. It will include many features from last year’s event, including arts and crafts areas, visits with Santa, candy canes, hot chocolate, and other festive goodies, as well as, of course, the lighting of the Genesis Centre Christmas Tree! So, dust off your winter boots, prepare the stockings, and come enjoy this free event for Christmas 2019 at the Genesis Centre!

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**BLACK DRAGON TAEKWONDO**

Children & Adult Classes  
All Ages & Levels

Call to register **403.601.1228**
blackdragontaekwondo.ca

5655 10th Street NE #115  
*Inside the Ftness Fix*
You may have seen the signs, heard the construction, been to one of our events...or maybe you’re learning about us for the first time! We’re happy to have the chance to update you or simply introduce ourselves. We are Attainable Homes Calgary. We’re a non-profit/social enterprise created and owned by the City of Calgary. We help moderate-income Calgarians get into homeownership by removing the barrier of the down payment.

If you’re reading this publication, you’re probably a fan of the Genesis Centre and so are we. So much so that we decided to build a townhome community right next to it! For the first time, we’re acting as a developer and selling 116 energy efficient townhomes to Calgarians who are seeking down payment assistance and even to those who aren’t.

If you dream of enjoying the benefits of homeownership – housing stability, financial security not forgetting freedom and flexibility – you may be able to realize those dreams with AHC.

Call or text us at 587-600-9088 www.reachmartindale.com
DO YOU HAVE A GREAT IDEA FOR TO ENHANCE COMMUNITY IN THE NORTHEAST?

GENESIS CENTRE COMMUNITY GRANTS PROGRAM

More info at genesiscentre.ca/about
-or-
Email: community@genesis-centre.ca
Message from the President

It is hard to believe that our summer is over. Hopefully you were able to get away on holidays to enjoy those not very many warm days. Congratulations to each and every parent managing the hustle and bustle of the summertime activities, now that your children are settled back in school with a regular schedule. We are now getting ready for fall and winter, the last quarter of 2019, and fast approaching year’s end.

We thank all volunteers and participants who have attended our many events. Your support makes our community stronger. Please look for more information on all upcoming events in the Lotus Link or on our Facebook page.

Taradale has been a fast growing multicultural and diverse community. We encourage our residents to be a part of that growth by:

- participating within our community association
- by becoming a board member to voice your opinion
- by attending community meetings to know what has been going on in the community
- volunteering in any event that our community offers throughout the year

This is a great opportunity for your participation, a small commitment to make to support the community and to meet new people. We strongly encourage new ideas and involvement, as we look upon you to help Taradale to continue to thrive and to keep it a safe, friendly, clean and welcoming neighborhood. We do this by getting involved within the community, looking out for our neighbors. We also encourage our youth to be involved and we offer volunteering opportunities available for all ages. Reminder – we meet every 2nd Wednesday of each month at the Genesis Center from 7 to 9 PM. We look forward to meeting many new neighbours at these meetings.

Harwinder Kang  
President, Taradale Community Association

Did You Know?

Taradale Community Association may provide funds of up to $5,000 to implement an idea that will engage community members. For details or information send an email at grants@taradale.org.

Request for Feedback

Taradale Community Association is currently seeking input from the community members to know what some of the needs of our community are. A six question survey (may take about 2 minutes) is available through our Facebook page i.e. https://www.facebook.com/taradaleca.ca/ or answer the following questions through an email to questions@taradale.org:

1. List the top 3 to 5 needs of the Taradale Community that will make a positive difference in the lives of people living in this community (e.g. traffic safety, community support, parks etc.).

2. Each year, TCA runs a number of programs (e.g. Community Clean Up, Volunteer Meet & Greet, Neighbour Day, Craft Fair etc.). In addition to those programs what other programs do you want to see in our community?
Putting Your Garden to Bed

It’s hard to believe it’s that time of year again, where we have to think about putting our gardens to bed for the upcoming winter season. Whether you have a small kitchen garden, or a large plot that you cultivate, there is always something you can do to give you and your plants a head start for spring.

There are many options for how to overwinter your garden but, generally, annuals should be removed. Plants that only survive for one season can be removed (with their roots) once they are no longer growing, after a killing frost. Root vegetables usually can be left in the ground until October, but watch the air temperature. It there are several below zero nights followed by cool days, the ground starts to freeze. At the beginning of October, when you have the chance, you should start pulling those carrots and beets.

Perennials that normally die back to the ground should be cut back to about 5 to 10 centimetres above the ground level. Leaving some seed heads standing from flowering plants provides food for birds throughout the winter season. Wait until frost causes the plants to die back before you prune as you don’t want to encourage new growth. New growth is tender and susceptible to winter kill. Tender bulbs that you would like to save should be lifted, cleaned and stored for the winter before they are hit with a hard frost.

All the plant material that you are removing, when you trim your perennials or pull your annuals, makes an excellent mulch layer. Layer it on the ground around your plants. If you prefer not to ‘chop and drop’ the spent plant material, add it to your compost. If the plant material is diseased, it should be bagged and sent to the dump or burned. Fallen leaves also are a great mulch. Rather than bag them up, layer them on your garden beds. Although you may have thought that weeding was over, the fall is a good time to weed your garden. If you can, weed before putting on a mulch layer. The mulch will suppress weed growth and inhibit weed seed germination in the spring.

—continued next page
Planting isn’t necessarily over in the fall. You can take advantage of the cold weather and sow seeds of spinach or lettuce. They will stay dormant over the winter, then will start growing in early spring so you can enjoy an early harvest. The best time to plant garlic and hardy spring flowering bulbs such as crocus, tulips and daffodils is also in the fall. In the Calgary area, it’s better to plant spring flowering bulbs in September, but they can still be planted in October. The beginning of October is the perfect time to plant garlic. Garlic bulbs should be planted when it is cool to keep them dormant until spring. Trees and shrubs can be planted until the ground freezes. If your herbs still look good, consider potting them up and bringing them indoors to enjoy a little longer.

Remember to protect any plants that animals like to eat. Put up tree guards or fencing to protect them from hungry deer, voles and rabbits over the winter.

Fall is also a great time to clean your tools and containers. Cleaning cages, stakes, and garden ornaments and storing them out of the elements over winter will help them last longer. Also, clean and sharpen cutting tools. Replace or repair broken tools. Empty rain barrels and ensure they are disconnected from the downspout. Tidy the shed or storage area and get everything organized for spring.

Although fall may seem like a busy time, taking a little bit of time now to put your garden to bed will help improve garden soil health and keep unwanted weeds at bay. It will also enable you to jump into spring planting without delay!

If you’re looking for more gardening tips or would like to learn more about the Society, please visit our website at calhort.org.

—Monika Sterling
TARADALE COMMUNITY ASSOCIATION PRESENTS

TARADALE FAMILY FUN CRAFT FAIR
SATURDAY NOVEMBER 16, 2019
FROM 10 AM TO 4PM

Genesis Centre
7555 Falconridge Blvd NE

FUN FOR THE ENTIRE FAMILY

- Home Based Business
- Craft Stalls
- Speciality Food
- Price to Win

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ANY KIND OF NON PERISHABLE FOOD IS ACCEPTED
Message From Your Ward 5 Councillor

George Chahal

With the fall season in full swing, my office will be continuing our community engagement sessions including Councillors Chat, Chai with Chahal, townhalls, and much more. These are great opportunities for our residents, businesses, and community groups to have open dialogue with me about issues that are important to them. Serving our residents is our main objective and we want you to have a voice through these platforms. Please visit GeorgeChahal.ca for more information on Ward 5 events close to you!

The 2019 Canadian Federal Election is scheduled to take place on October 21st 2019. A strong Calgary means a stronger Canada. The energy sector alone, headquartered in our city, provides 533,000 jobs across Canada and $12 billion in average revenue to Canadian governments (2014 to 2016). Economic recovery has been slow and if Calgary is going to continue contributing to Canada’s economic success, there needs to be support from the federal government. The City identified several priorities at the federal level and is asking the major political parties where they stand on:

Honouring commitments made to Calgarians

• Committing to long-term transit funding. This means providing the federal share of funding for the next 26km of Green Line.
• Working with provinces to ensure that municipalities receive their fair share of cannabis revenue.
• Delivering on the promise of more timely funding for municipal infrastructure by permanently increasing the Gas Tax Fund.

Supporting Calgarians through the recovery

• Allowing locally-based mortgage rules to help home buyers enter the housing market.

• Establishing a pilot multijurisdictional table to tackle the growing challenge of mental health and addictions; and provide emergency funding.

Promoting economic recovery in Calgary

• Defining an economic recovery strategy for Calgary and investing in existing initiatives.
• Increasing pipeline capacity to ensure that Canada is getting the best price for its resources.
• Addressing climate change and moving to a low carbon future will take a strong economy. We can be part of a global solution if our resources can reach new markets.

Please visit yycmatters.ca as you consider what local candidates, parties and policies will do for Calgary in the upcoming federal election.

The Calgary Climate Symposium is an opportunity to open up the conversation about climate change – how to talk about it and why, how it affects Calgarians and what we can do about it together. Connect with community and youth leaders, entrepreneurs, prominent climate experts and City staff for a series of unique (and free!) networking and learning opportunities at the Calgary Climate Symposium, November 3 to 7, 2019. View the complete symposium schedule and register today at calgary.ca/climateprogram.

311 Live Maps is the online service that allows you to see what crews are working on directly in your neighbourhood. Simply go to calgary.ca/311 and select the “View live map of 311 requests” link. Type your address into the search bar or zoom in to see if a request has been reported. Click on one for details and to find out what work is being done. Our most requested services are on 311 Live Maps now. More services will be added throughout 2019. 311 is your best way to access the city anytime, anywhere.

Please visit GeorgeChahal.ca to keep your finger on the pulse for everything Ward 5 and the City of Calgary!

George Chahal
Facebook/Twitter/Instagram @ChahalGeorge
GeorgeChahal.ca
YOU can support Aspen’s 1000 Voices Program and the Genesis Centre this winter through the Building Community Fundraising Campaign!

From November 15th to December 30th we will be fundraising to help support the programming that takes place at the Genesis Centre and 1000 Voices. You can help give back to the organizations who give so much to the community.

LEARN MORE AT: WWW.ASPENFAMILY.ORG/BUILDINGCOMMUNITY

ANNUAL PASSES

Family (2 adults, 4 children) $600
Adult 18+ $320
Senior 55+ $220
Youth 15-17 $230
Child 8-14 $220

FAMILY PASS FEE SUBSIDY

Families who qualify for the City of Calgary Fair Entry program are also eligible to receive a subsidized Genesis Centre Family Pass. This is 50% off the regular annual rate. Our Fee Subsidy program is designed to help families create lasting memories by getting more active more often. Individual passes do not apply. Those wishing to make use of this program must first acquire a “Fair Entry” approval letter from the City. This can be found via this link on the City of Calgary website:

www.calgary.ca/CSPS/CNS/Pages/Neighbourhood-Services/Programs-and-services-for-low-income-calgarians.aspx
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jardiel@genesis-centre.ca

Download our MEDIA GUIDE to browse all of the advertising opportunities available at Genesis Centre
genesis-centre.ca/pdfs/mediakit_2019.pdf

ACTIVE TODDLER PROGRAM

GENESIS CENTRE
TUESDAYS & THURSDAYS
10 AM - 12 PM AGES 5 & UNDER
FREE! Join friends and young families for bouncy houses, parachutes, balls, toys, mats, and more! This parented drop-in program allows your child to be active and make new friends. Program Partner: Primary Care Network

MORE FITNESS TIME!

ACTIVE ADULTS

GENESIS CENTRE
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**families**

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<tr>
<th>Laned Duplex</th>
<th>Street Towns (No Condo Fees)</th>
<th>Single Family Front Drive Garage</th>
<th>Single Family Front Drive Garage - Pond Lots</th>
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<tr>
<td>FROM THE $340s</td>
<td>FROM THE $360s</td>
<td>FROM THE $460s</td>
<td>FROM THE $570s</td>
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CarringtonSouth.com
Genesis Centre  Sport & Program Partners

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197CalgaryScouts@gmail.com

Calgary United Soccer Association  
info@cusa.ab.ca  
www.cusa.ab.ca  
403-270-0363

Children’s School of Dance Ltd.  
csodltd@live.ca  
403-235-5153

Engineering for Kids  
calgary@engineeringforkids.net  
587-349-4555

Hawks Field Hockey Academy Club  
hawksfieldhockeyclub@gmail.com  
403-542-5033

Calgary Northeast United FC  
info@cneunited.ca  
403-585-7500

All Canadian Karate Union  
jbray@acku.org / www.acku.org  
403-232-0228

Calgary Bengal Tigers  
cbengaltigers@gmail.com  
403-804-1747 / 403-891-4472  
www.calgarybengaltigers.ca

Calgary COED Rec Soccer  
info@calgarycoedsoccer.com  
403-270-0363  
www.calgarycoedsoccer.com

Calgary District Lacrosse Association  
www.calgarylacrosse.com  
403-668-1757

Calgary Knights Lacrosse  
registrar@calgaryknightslacrosse.com  
403-568-3573  
www.calgaryknightslacrosse.com

Calgary Minor Soccer Association  
info@calgaryminor soccer.com  
403-279-8686

Calgary Women’s Lacrosse League  
calgarywomenslacrosse.com

Calgary Sport and Social Club  
info@calgarysportclub.com  
403-244-7529  
www.calgarysportclub.com

Calgary Women’s Soccer Association  
office@mycwsa.ca  
www.mycwsa.ca  
403-720-6692

Destiny Martial Arts  
destinymartialarts@gmail.com  
403-620-8903  
www.destinymartialarts.com

Eastside Memorial FC Soccer Club  
office@eastsidememorialfc.com  
587-225-4372  
www.eastsidememorialfc.com

Foxy Kickboxing  
info@foxykickboxing.ca  
1-888-974-FOXY (3699)  
www.foxykickboxing.ca

MAC United Soccer Club  
maccalgary.ca/mac-united

MCAC Sports Club  
babupetrocanada@hotmail.com  
403-241-3013

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Nachda Punjab Bhangra Academy  
403-966-3988  
www.nachda-punjab.com

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psasoccer.ca

Sport Hub  
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United Hawks Field Hockey Club  
Junior Development Program  
hawksfieldhockeyclub@gmail.com  
403-542-5033

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www.youngrembrandts.com/southernalberta
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