

FALL 2020

lotus link



Connecting the Northeast Calgary Communities of

SADDLE RIDGE • TARADALE • MARTINDALE

ENTER THE
**Lotus Link
Giveaway!**

Saddle Ridge

Crime Prevention Tips

Taradale

Playgrounds & Parks

Martindale

Board Elections



**Your home in
the heart of it all.**

New homes in Saddle Ridge from the low \$300's.
Find out more at SavannaLiving.ca



IRFAN SABIR  **MLA for Calgary-McCall**

4850 Westwinds Drive NE, Calgary T3J 3Z5 403.216.5424 Calgary.McCall@assembly.ab.ca

FALL 2020

lotuslink



Connecting the Northeast Calgary Communities of Saddle Ridge, Martindale, and Taradale.

TABLE OF CONTENTS

SADDLE RIDGE COMMUNITY ASSOCIATION

Message from the President	10
Carts Damaged by June Hailstorm	12
Do you know what your Community Association does for your Community?	13
Community Crime Prevention Tips	14

TARADALE COMMUNITY ASSOCIATION

Message from the Directors	16
Playgrounds & Park Areas	17
Safety & Concerns	17
Fall in the Garden	18
Taradale's Little Free Library	19
Celebrating Alberta Culture Days	20

MARTINDALE COMMUNITY ASSOCIATION

Message from the President	22
2020 MCA Board Elections	24
Have you heard of ActiveCITY?	26

GENESIS CENTRE

Legends Basketball League	6
Lotus Link & Sing Tao Property Guide	8
Fall 2020 & Winter 2021 Programs	30
Active Living Program Providers	31



CALGARY PUBLIC LIBRARY

For hours of operation visit calgarylibrary.ca



For hours of operation visit ymcacalgary.org



1000voices

For hours of operation visit aspenfamily.org/programs/1000-voices

Did you know? 

LOTUS LINK IS ONLINE

Lotus Link archives are stored on the Genesis Centre's website, on its "community" tab.

Link: www.genesis-centre.ca/about.php



Lotus Link is published 4 times per year by the Genesis Centre. To submit stories and photos contact your Community Association Board or email the Lotus Link editor at jardiel@genesis-centre.ca.

Interested in advertising in future issues of the Lotus Link? Contact the editor at jardiel@genesis-centre.ca.

Genesis Centre	(403) 590-2833
YMCA	(403) 237-2393
Calgary Public Library	(403) 260-2600
1000 Voices	(403) 930-3370
Genesis Medical Clinic	(403) 475-2500
Genesis Physiotherapy	(403) 453-2420
Jugo Juice	(587) 351-0957
Pre-Kindergarten Office	(403) 992-2404

GENESIS CENTRE
 #10, 7555 Falconridge Blvd. NE
 Calgary, AB T3J 0C9
info@genesis-centre.ca
www.genesis-centre.ca

INTRODUCING

YOUTHPLAY!

ARE YOU A STUDENT?

WE ARE OFFERING **FREE STUDENT ADMISSION**
MONDAY-THURSDAY 11AM-2PM
***SCHOOL DAYS ONLY**



LOTUS LINK GIVE-AWAY!

The Lotus Link has now printed 20 editions!
Thank you for your continued loyalty to our magazine.

ENTER OUR DRAW TO WIN AN AMAZING PRIZE!

How to enter:

Email us at info@genesis-centre.ca with the subject "LOTUS LINK CONTEST".

Include your name and phone number in the email.

Send by **October 15 2020.**



Home is where the whole family is.

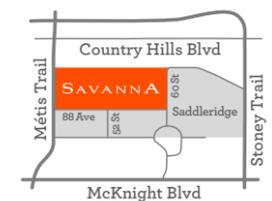
Find Your New Home in Savanna

Build your new home in a community that supports what matters most: family. With easy access to transit, roadways, parks, pathways, shops, schools, and leisure, life in Savanna provides plenty of opportunity for your growing family. You'll feel a sense of connectivity that brings the people you love - and the lifestyle you love - together.

Find out more at SavannaLiving.ca
or visit our showhomes off of 46 Street NE.



- Townhomes **\$280s**
- Semi Detached **\$300s**
- Front Drive **\$400s**
- Semi Estate **\$600s**



genstar.com

GENSTAR
BRINGING LAND TO LIFE

Popular Northwest Community Releases Phase 2

As we welcome the fall season here in Calgary, Carrington South is pleased to announce the official launch of Phase 2. The brand-new community located in northwest Calgary made quite an impact with its first phase, offering people with their eye on the northwest a refreshing new take on city living. Now over 80% sold, the addition of 91 new lots in Phase 2 gives buyers the chance to capitalize on a brand-new selection of lots.

That's not all that's new either! This October a complete new parade of front-drive garage, zero lot line showhomes is opening showcasing the latest models from Excel Homes, Trico Homes, and Truman Homes. For the first time, single-family laned homes are being offered, exclusively by Excel Homes whom opened their showsuite in August. Trico Homes now has eight more coveted pond lots available and is offering three models from their Hallmark Homes collection. In addition, Truman Homes, whose townhomes sold out in record time, are now building a limited selection of laned duplexes with a showhome expected to open later this fall. With only a few laned duplexes by Douglas Homes and Excel Homes remaining, there's never been a better time to explore your options in Carrington South.

If that's not enough to get your new home taste-buds tingling, consider what's all within a ten-minute drive when you call Carrington South home. Spend your Saturday's browsing for fresh local produce at the Symons Valley Ranch Market, keep the kids moving at Vivo Recreation Centre or check out Real Deal Tuesdays at Landmark Cinemas when the movies are 40% off. Enjoy shopping at Cross Iron Mills with over 200 outlet and specialty stores, stock up on groceries and goods from Costco, or challenge your spouse to a game of badminton at ClearOne. During the week you can count on nearby daycares to help watch after your little ones, and rest easy at night knowing medical and veterinary clinics are all close to home.

In Carrington South, getting where you need to go is easy. With access to Calgary's Transit On Demand service you'll be connected to the northpointe transit hub in no time. Plus, Stoney Trail is conveniently close by making commuting a breeze regardless of whether you're headed into the downtown core for work or out to the mountains for a weekend getaway.

Out your door, enjoy walking along tree lined pathways while you take in scenic vistas offered by two storm ponds. Put your feet up with a good book at benches under the pergola, or, get in on play time at the centrally located playground. In greater Carrington, you can view public art, shoot hoops or ride the rails in the skate park. Cozying up inside has its benefits too. With space for the whole family, spice kitchens, main floor bedrooms and loft spaces, you can offer your whole family the luxury of new home living.



With countless amenities available at your leisure, stunning architecture, and enhanced streetscapes, Carrington South truly is a place where families come first. With homes starting from the \$330s, take advantage of low mortgage rates and impressive incentives offered by builders to get your first choice of lot in Phase 2 today! Visit the showhomes by appointment or learn more at www.carringtonsouth.com.

THE *Best* OF THE NORTHWEST
is where
families
COME FIRST

NEW
SHOW
HOMES
OPEN
IN THE
NORTHWEST

When your new home can be surrounded by everything your family deserves, it just makes sense to make the move to Carrington South.

Laned Duplex

FROM THE
\$330s

BY **DH** **EXCEL HOMES** **TRUMAN**

Single Family
Laned

FROM THE
\$370s

BY **EXCEL HOMES**

Single Family
Front Drive Garage

FROM THE
\$440s

BY **EXCEL HOMES** **TRICO HOMES** **TRUMAN**

Single Family
Front Drive Garage -
Pond Lots

FROM THE
\$580s

BY **TRICO HOMES**

Prices & terms are subject to change without notice.

Introducing a Brand New
Northwest Neighbourhood
For Families Who Want More

THE NW'S BEST SELECTION
OF AMENITY LOTS
PARKS, PATHWAYS,
PONDS & PLAY SPACES
EASY ACCESS TO SHOPPING,
RECREATION & MORE



SHOW HOME HOURS

Monday - Thursday
from 2-8 pm

Weekends
from 12-5 pm

CARRINGTON
SOUTH



APEX

CARRINGTONSOUTH.COM

SADDLE RIDGE

Message

from the President

Well, ladies and gentlemen, here we are finishing the summer of COVID. I'm hoping that we will eventually get back to a normal routine. I'm still not comfortable wearing a mask, but I do. Life is certainly different. I hope you and your families have kept safe and healthy and now with the children back at school, your health continues.

Needless to say, the Saddle Ridge board has not met since February and the events we usually promote during the year didn't happen. We did meet in September and I must say it was good to see the board members. Everyone has kept healthy and are excited to start the year again. The next major event is the annual general meeting to be held Wednesday November 25th at 7PM at the Genesis Centre.

We're also looking to fill seats on the board this year.

- Do you live in Saddle Ridge?
- Do you have a vision of how you would like to see our Community in the future?
- Would you like a say in how the community grows?
- Do you think you can give up 2 – 3 hours a month?
- Would you like to work alongside people who have the same vision and enthusiasm?
- Are you 18 or over?

Then we need you for the Saddle Ridge Community Association! We are looking for residents of our community to share their knowledge, and skills in several different areas such as: Accounting, Website/Facebook Management, Land Development. If you feel you have the right abilities in any of these areas please send your resume to president@mysrca.ca.

Being on a community board is not only fulfilling but you can be part of keeping our community vibrant!

DIRECTORY

**Saddle Ridge
Community Association**



Office:
27 7555 Falconridge Blvd NE
Calgary T3J 0C9
Phone: (403) 590-2833

To contact the board please email
president@mysrca.ca

Web:
www.mysrca.ca

Board of Directors

Executive:	
Susan Clark	President
Asim Baig	Vice President
Pragati Grewal	Treasurer
Judy Brown	Secretary

Directors:
Raphael Ramos
Sukhvinder Malhotra
Ramesh Chevli
Atiya Ashna
Peter Bhullar
Shuvro Das

© jcomp / Freepik

Police Non-Emergency Line: A Resource for Reporting Reckless Behaviour

On occasion you might notice reckless drivers in your community. You know the type— loudly revving their engines and driving well over the speed limit on residential roads without thought to other vehicles or pedestrians.

This is a problem for our community, and I sense is getting worse. The police are aware of the situation, but they can't be everywhere at once. If you see someone speeding or driving recklessly, try and get their license plate and report them

to the police on the non-emergency line: (403) 266-1234. It is anonymous and the police will try to go to them and warn them. It also puts them on the police radar.

If you are the spouse or parent of someone driving recklessly, please have a conversation with them about the consequences of their behaviour.



– **Susan Clark**
President, SRCA

MEDICAL AESTHETICS

\$25 Credit

ON YOUR NEXT SERVICE
LOOKING FORWARD TO YOUR VISIT WITH US

FACIALS

- TRADITIONAL
- HYDRAFACIAL
- FACE MAPPING
- OXYGEN FACIAL

MEDICAL AESTHETICS

- LASER HAIR REMOVAL
- MICROSCULPTING
- TEETH WHITENING
- PIGMENTATION
- BB GLOW
- LIP BLUSH
- MICROBLADING
- NANO BROWS
- MICRONEEDLING

BODY CONTOURING

- COOL SCULPTING
- BODY SCULPTING

@HERA_BEAUTYBAR | WWW.HERABEAUTYBAR.COM

SADDLE RIDGE

Carts Damaged

by June Hailstorm

Calgary



Cart lids in your community may have been damaged during the June hailstorm. Here are some answers to frequently asked questions

you may have about your lid repair. The City of Calgary thanks you for your patience as we work hard to complete these repairs.

Use a City service: call 311 to submit a service request for a free repair/replacement of your cart. If you have already contacted 311, you do not need to follow up.

Why is there is a delay in repairing the cart lids?

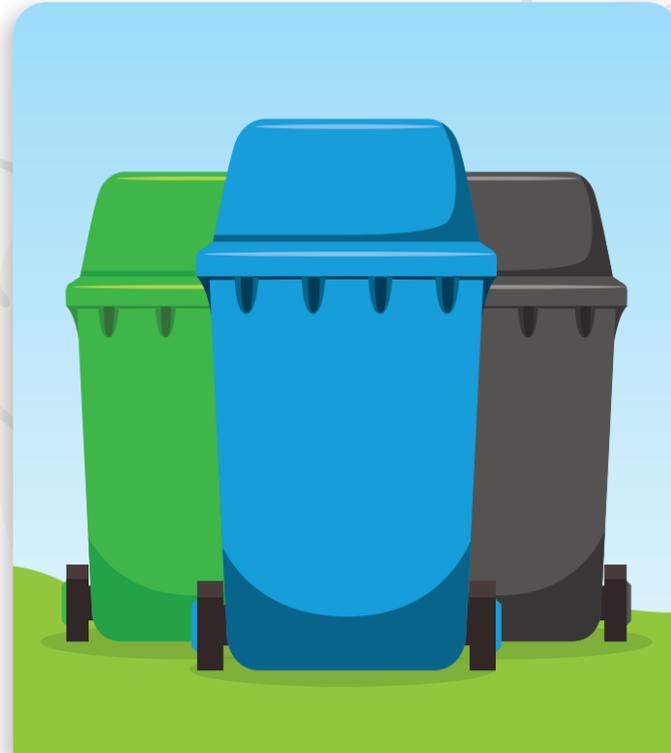
Almost 10,000 carts were damaged during the hailstorm resulting in mostly cracked lids that will require a lid replacement. Due to this very high quantity, a special order has been put in with the manufacturer in Eastern Canada to create more of this custom product. Manufacturing supply chains around the world are also impacted due to the pandemic.

Normally, The City would repair only a few hundred lids in a year. This lid replacement process will take some time as we work through the backlog of 311 service requests and receive new stock of lids.

If you have already contacted 311 about a lid repair, you do not need to follow up.

What should I be doing with my waste on pickup day?

Your bin is still usable despite the broken lid. Continue to use your bin in the interim as you await for a lid repair. We will work through the list of 311 service requests for lid repairs and it will be completed over the next number of months.



What if my cart has other damage that prevents me from using my cart?

If you have cart(s) that are damaged beyond use, including:

- Cracked cart body
- Crushed cart body
- Missing or damaged wheels

Please call 311 to submit a Service Request for free repair/replacement of your cart.

We understand that you may have been already been waiting a number of weeks and we appreciate your patience for a little bit longer.

– The City of Calgary



Do you know what your Community Association does for your Community?

The City of Calgary works closely with your community association board and wants to shed some light on what it is that your community association does for its residents.

- Many associations also partner with the City of Calgary to offer such programs as Park 'n Play and Youth Drop-in programs. Their part of the partnership involves a monetary contribution, use of their indoor space, as well as many hours of volunteer time. These programs are free to all participants!
- Community Associations represent the community on regional issues of interest such as major parks, major infrastructure projects in the area and social issues.
- Community Associations are created by individuals who want to improve the quality of life for themselves and others in the community.
- Through bingos, casinos, grants, special events and community memberships, your community association raises funds to provide programs and services as well as construct, operate and maintain community facilities.
- Community Associations offer programs directly or provide support to other organizations offering programs such as Scouts.

Community Associations may also provide support services to residents in need, such as snow shovelling for seniors.

- Community Associations may offer organized sport opportunities for children and youth such as baseball, basketball, skating, hockey, soccer, ringette as well as many others.
- Block Watch, Block Parent and bicycle safety programs are examples of how community associations bring concerned citizens together to ensure safety in the neighbourhood.
- Many events are provided throughout the year which provides families an opportunity to meet others in the community and have some fun. Events include Stampede Breakfasts, craft fairs, skating parties recycling days, community clean ups and many others.
- The community association makes every effort to keep track of development and planning proposals in the areas such as transportation, roads, park and playground development and traffic issues. The City of Calgary often consults with the community association on these issues.
- The community association communicates to the residents the activities, programs and services that are happening in the community through regular social media announcements.



SADDLE RIDGE

Community Crime Prevention Tips

Most crime in the community and around your home can be prevented by good locks, a few tools and taking some simple precautions. Here are a few tips to make your home more secure and deter would-be criminals.



Bottle Pickers: As the weather warms up, you may notice an increase in individuals such as bottle pickers in the community. To deter people from entering your property:

- Ensure your gates and sheds are locked.
- Keep your blue bins in your garage or secured in your back yard until your scheduled pick-up day.

Holidays: Going on vacation and don't want to worry about your property?

- Find a friend or neighbour who can pop in every few days to check everything is ok.
- Ask the friend or neighbour to put your bins out on garbage day.
- Set your lights on a timer so they turn on and off at different times giving the impression someone is still at home.
- Ensure your friend or neighbour has your emergency contact information.

Know your Neighbour: Getting to know your neighbour and looking out for each other goes a long way to prevent crime in your community.

- If you see a neighbour who has left the garage open or car unlocked, please tell them.
- If you feel uncomfortable approaching someone on your street call the Calgary Police Service non-emergency number at (403) 266-1234. CPS will contact the resident and advise them to secure their property and provide needed crime prevention advice.
- Report all suspicious activity. Police may not arrive in time to prevent the specific incident but all calls

are logged by CPS which helps them to monitor criminal activity and identify emerging concerns.

- Do not confront anyone. Call 911 for any crime in progress. Make sure you have the location, any description of the individual(s) and the license plate of the vehicle if one is involved.

Vehicle Theft: A large percentage of motor vehicle crime is committed by opportunists. Here are a few ways to reduce the opportunity for theft and protect your possessions from criminals.

- Do not leave vehicles unlocked and unattended.
- Do not leave vehicles running with the keys inside if unattended.
- Remove all items of value and leave nothing visible that is of value or of perceived value inside the vehicle.

Protect your Valuables: We all have items that we have worked hard and saved up to purchase. We also have items that may not hold cash valuable but have significant sentimental value to us and it can be devastating to have these items stolen.

The Calgary Police Service has a large warehouse that stores all the property recovered from arrests and search warrants but these items cannot be returned if the owner cannot be identified.

Here are Suggestions to Help with Identification:

- Record your cell phone's IMEI number which is a numerical identifier unique to your phone. To locate this number dial *#06# on your handset and note the number that pops up.
- Record the serial numbers for all of your electronic equipment. This can be done on paper by noting the make, model and serial number or by photographing the item and the serial number.
- Photograph jewellery, art and anything of value.
- Ensure that the list of items and memory card with photographs is kept in a safe place such as a safety deposit box or online.

brgfx / Freepik

PLAY CITY
Connecting people through play

PLAYCITY HELPS YOU MEET
PEOPLE IN YOUR SKILL LEVEL THAT WANT TO PLAY!

MEET NEW PEOPLE.
BE ACTIVE. HAVE FUN!

DOWNLOAD FOR FREE AT PLAYCITYAPP.COM

Available on the **App Store** GET IT ON **Google play**

GENESIS CENTRE
An Inspired Community

FALL PRIME TIME PROMO

BOOK A GYM OR FIELD HOUSE DURING PRIME TIME IN THE FALL FOR A CHANCE TO WIN \$100 CREDIT TOWARDS A FUTURE BOOKING!
CALL 403-930-6184 TO BOOK.

TARADALE

Message

from the Directors

It has been an unusual year to say the least and with so much uncertainty it can be overwhelming. We want to remind you, it is in difficult times that it is even more important to rely on our friends, family and neighbours. To find FREE City Resources during this difficult time call 211. We want to thank all the charities, organizations and individuals who helped feed, shop and care for others during this time. We are grateful you are part of our community. Taradale suffered greatly from the hail storms in June, Khalil Karbani and his Hail Committee have been working tirelessly to get assistance from the government. If you are interested in sharing your story please contact him at khalilk@shaw.ca.

Taradale is a changing community, it was only a few years ago, Taradale was surrounded by farmers fields. Today more communities are being added. Currently, The City of Calgary is in talks with the developers of Homestead for an overpass into Taradale via 80th Ave. We need the community's input moving forward, to ensure the quality of life for our residents.

During COVID-19 we saw the need to have more places to spend time with our families in our own community. TCA has designated our casino funds to move forward with 2 parks/ playground areas in our community. The first site to break ground will be beside Taradale School. With a proposed completion date of Fall 2021.

The second project will be a partnership with Ted Harrison Parents Association. This is where you come in. As a member of the community, we need you. We need your family, your business, your ideas, ambition and drive to make our community better. Please contact us to get involved. We can't wait to hear from you!

– Directors, TCA 

DIRECTORY

Taradale Community Association



Do you want to volunteer or be a board member? We welcome all to come out and be active in helping us provide more events and activities for our community.

Phone:
(587) 393-4294

Facebook:
facebook.com/taradalecommunityassociation

Board of Directors

Executive:

Harwinder Kang	President
Terri Littau	Vice President
Gurvir Cumo	Treasurer
Rachelle Christopher	Secretary

Directors:

Sajjad Ahmad	Acting Casino Chair
Jane Barton	Community Cleanup Chair
Allan Barton	
Pankaj (Peter) Kaul	
Paul Matharu	
Shaukat Hyat	
Jagdeep Kang	
Akhtar Khawaja	
Manvir Khaira	

New Playgrounds & Park Areas!

We heard your requests for more playground and park areas in Taradale. The TCA is excited to move forward with two projects in our area.

We will be working with The City of Calgary, The Parks Foundation And The Ted Harrison Parent Council to design Parks and Playground areas near Taradale School and Ted Harrison School.

RIGHT: New parks and playground areas will be coming to Taradale.



Your survey favourites so far:

- 84% multipurpose sports court
- 83% swings and slides
- 78% trees and greenery
- 76% want an inclusive playground
- 76% seating
- 73% garbages, mobile washroom, cricket pitch
- 65% athletic park
- 62% Climbing area/ obstacle course
- 60% gazebo
- 60% basketball court
- 49% pathway art
- 49% garden area

Did you miss our survey? Watch for our other surveys on our Facebook page, coming soon.

If you are interested in being a part of these projects, would like to donate or be a sponsor, please contact us:

Facebook: /taradalecommunityassociation
Email: terrilittau@hotmail.com
Phone: 587-393-4294 

Safety & Concerns - Call 311

TCA has put a request for pedestrian flashing lights at the intersection of Taradale Dr. and Taradale Way, beside Ted Harrison School. If you see other safety concerns such as unmarked crosswalks or speed issues please call 311 to report.

Taradale is working with The City to address speed issues in our community. Please slow down, and show your neighbours consideration by keeping your music down in the community.

Please Note: 311 is no longer accepting calls for Street Lights. 



TARADALE

Fall in the Garden

October typically brings the end of the active gardening season. By the middle of the month, root vegetables should be pulled or well mulched as the ground usually freezes by the end of the month. In Calgary, we can still get lovely days, but the nights are frequently below freezing. It's a beautiful time for fall walks and yard work.

There's the last of the leaves to be raked and likely a final mow of the lawn to do. Any plants that had mildew, blackspots or other evidence of disease in the past growing season should be trimmed down and the plant debris bagged and disposed of in the garbage. Gently scratching at the ground surface with a three-tined cultivator around these plants can help expose the source of their trouble to the elements and may help control it. Peonies and lilies should be cut back as a preventative measure against botrytis which is a soil-borne fungal disease.



LEFT:
Sea Holly
(Eryngium).

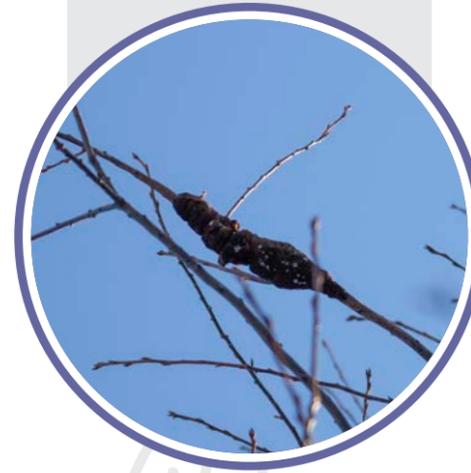
Trees, shrubs, and evergreen perennials should be watered until the ground freezes. Fall watering is particularly important for any plants that were added to the yard within the last three years.

Evergreen perennials are plants that maintain leaves throughout the winter. These include commonly grown Calgary plants: elephant ears (Bergenia), peachleaf bellflowers (Campanula), Coral bells (Heuchera), and bugleweed (Ajuga). The leaves of these plants should not be cutback. Plants with leaves that turn yellow or brown and dry out, can be cut back in the fall or the spring. If they have interesting seed heads, such as sea holly (Eryngium), yarrow (Achillea), coneflowers (Echinacea), or stonecrop (Sedum), leave them standing to provide winter interest and food for birds.

A tidy yard is nice, going into winter, but it shouldn't be too tidy. Keep a pile of leaves and twigs tucked in a corner or under a tree. This pile will provide shelter for ladybugs and other insects to overwinter in. It's delightful in the spring to see ladybugs emerging from the leaves on a warm day. Cultivating ladybug habitat in your yard will help with common spring pests such as aphids, that like to feed on tender new growth.

If you haven't planted spring blooming bulbs it can be done until the ground freezes. If you discover bulbs later, then plant them in a large pot that can be stored in an unheated garage. It's important to keep the pot consistently cold until it's time for the bulbs to sprout. Come spring, put the pot outside to have a container of spring blooms.

Once deciduous trees are dormant, healthy limbs may be pruned to improve the tree's aesthetic or fruit production. The winter months are good for this type of pruning since the trees, and their pests, are dormant they are unlikely to catch diseases. It's also a good time to remove any



ABOVE: The winter months are a good time to remove branches affected by black knot.

black knot affected branches of chokecherry and mayday trees. It is very important to remove these unsightly growths before spring, when the spores become active and readily spread. Be sure to bag all the affected plant material and place it in the garbage. Black knot crusts don't need to be on a branch to release spores. When removing black knot, cut the branch at least 15 cm below any visible sign of infection, which can include a slight irregular swelling of a branch.

Should you still be concerned about water-wise practices in the winter? Yes! Be sure to have downspouts directed towards evergreen trees. These trees will take up moisture from melting snow. Sweep or shovel snow onto perennial beds. This will help keep them dormant even when chinooks bring false-spring warm winds. It will also provide a source of moisture when spring does arrive. Moving the snow to where it can help the garden and directing downspouts away from walkways also reduces the need to use salt for ice. If you still have ice issues, select a product that indicates that it is safe for lawns. Products like kitty-litter or zeolite will provide traction and are garden friendly.

As winter settles in, look out at the garden and enjoy the view. Review your yard design and start making plans for next spring. Fall and winter are gardening seasons after all!

If you're looking for more gardening tips or would like to learn more about the Society, please visit our website at calhort.org.

– Deborah Maier
Calgary Horticultural Society 🌿

Taradale's Little Free Library



Calgary Horticultural Society

Taradale is proud to announce our second "Little Free Library" donated and installed by Taradale residents, James and Louise Baines.

You can find it on the path to the park on Taralea Way.

How does it work?

1. Bring a book to put into the library and can take one for FREE.
2. This library will serve our diverse community of all ages.
3. Help us fill it up. 🌿

TARADALE

Celebrating Alberta Culture Days

AB Culture Days is a provincial-wide initiative and longstanding tradition at the Genesis Centre. The intent of the program is to showcase local arts and culture and celebrate the diversity within our North of McKnight communities. It represents an opportunity to discover, experience and celebrate diverse arts and the richness of cultures through local events and activities, in person and online across the province. More than 800 communities from coast to coast participated in National Culture Days 2020 to increase awareness, accessibility, participation, and engagement of Canadians in the arts and cultural life of their communities.

This year, in the spirit of community, all the partners at the North of McKnight Community Hub came together to create a unique and dynamic Culture Days experience for our residents. The partners include Antyx Community Arts, Genesis Centre, Trellis (the recent amalgamation of Aspen Family and Boys and Girls Clubs of Calgary), YMCA Saddle Towne and Saddle Towne Library. Throughout the month of September, a number of resident led pop-ups and experiences were hosted both virtually and in small activations across our communities under the Culture Days umbrella.



ABOUT THE EVENT

This year, due to COVID-19, our Hub had to rethink how we were going to safely host Culture Days and celebrate one of the most diverse quadrants of Calgary. We worked together to create safe in person activations and engaging online programming led by residents in the community.

Our hub activated three different parks around the Genesis Centre to connect with residents. Youth volunteers helped to create a visual representation showcasing all the unique places our community calls home. For those who wanted to learn and celebrate from their own homes, our teams lead online programming that highlighted bread across cultures to make delicious naan, bannock, and European breads. A Mandela making session was a popular way for some of our seniors to participate. One session that engaged the whole family included an Indigenous storytelling event that was hosted by an Indigenous resident leader in Martindale. Beyond this, youth enjoyed an intercultural outdoor cypher as well as a day of cultural games led by instructors through Antyx Youth Arts in the Genesis Centre Field House later in the month.

Many residents took part across all the programs to learn, experience and celebrate culture and diversity in ways that were community led and inspired. 🌿



LEFT: Culture Days participants at the Genesis Centre.
BELOW: Mandala art projects.



HOLIDAY SPORT RATES ARE BACK!

The Genesis Centre is pleased to provide holiday discounted rates for all the sport spaces again this year.

AVAILABLE DATES: DEC 21, 2020 – JAN 1, 2021

FIELD HOUSES – \$80/HOUR
COMMUNITY GYMNASIUM – \$80/HOUR
FEATURE GYMNASIUM – \$110/HOUR

BOOK YOUR HOLIDAY TIME NOW!

CONTACT DANA MACCALLUM @ **403-930-6184**
OR BY EMAIL **DMACCALLUM@GENESIS-CENTRE.CA**



MARTINDALE

Message

from the President



I would like to start by praying for everyone's health and safety from the terrible COVID-19 epidemic. Most of you are now familiar with myself as your new President of the Martindale Community Association. We have had a very challenging year due to COVID-19 with a lot of self-discipline requirements. I think everyone has done a great job in stopping the spread of this disease. I still think that we are not over this quite yet and if we keep practicing our distancing, sanitization and social interactions we should be able to overcome this epidemic. Our MCA board has started to meet in person the first Monday of every month at 7PM while still practicing safe distancing and COVID-19 protocols.

We have been working really hard to make sure that we are doing our best to serve you and the community. I would like to thank everyone for their continued work on the board as it can be very time consuming. As we grow as a board together there are definitely many firsts for us and we try to move forward positively. We are very appreciative in the support which we are receiving from our councillor George Chahal and his office. We do truly appreciate it. We would also like you to know that the Genesis has been nothing but accommodating and also very helpful.

George has really helped with the hail storm damage by lobbying the city of Calgary to place garbage bins all over our communities so that we didn't have to pay dump fees and drive all the way.

We have our AGM scheduled for October 19th, 2020 at 7PM at the Genesis Centre. We are always looking for volunteers to help within the community and also become board members. No one person can do everything by themselves we need help and support and we urge you to contact the MCA if you would like to volunteer. We have our own LOC which is located next to Crossing Park School where we have a skating rink and our garage. We would like to get volunteers to help us keep the rink

DIRECTORY

Martindale Community Association



Office:
7555 Falconridge Blvd. NE
Calgary, AB T3J 0C9
(Basement across from Physio)
(403) 930-6188 ext. 2

Email:
martindale_community@yahoo.ca

Follow us on Facebook:
Martindale Community Association

Web:
calgaryarea.com/index.php?
p=communities&c=Martindale

Board of Directors

Puma Banwait	<i>President</i>
Vickram Deol	<i>Vice-President</i>
KariLynn Thiessen	<i>Secretary</i>
Vince Singh	<i>Treasurer</i>
Chris Clarke	<i>Past President</i>
Anomi Denagamage	<i>Membership Director</i>
Raymon Dhamrait	<i>Communication Director</i>
Jagraj Singh Sohi	<i>Director at Large</i>
Steven Saunders	<i>Director at Large</i>
Ashwani Bawa	<i>Member at Large</i>
Ravinder Badwal	<i>Member at Large</i>



ABOVE & LEFT:
Martindale's Community Garden.

and park area accessible for everyone's use. It is always great to see adults and kids alike skating and having fun on the rink.

Our community garden has done very well and the Community Association (MCA) is proud to be a part of the collaboration joint venture with the Dashmesh Cultural Center (DCC). Again everyone in the community is welcome to volunteer and also be a part of this project. Everyone in Martindale is welcome to help themselves to fresh gardens produce as it has come to fruition. The DCC has a few volunteers who have master's degrees in agriculture overseeing this lovely garden. We would like to put our community first and support the local businesses.

We were not able to have a summer BBQ with COVID-19 rules and we will not be having the skate shack come out on Family day. We will however try to see what we are able to do so that we can create some kind of fun event for our community. We will have a bunch of rules to follow and also we will need to get some permissions from the authorities. Keep your fingers crossed and if anyone has any helpful suggestions we would love to hear from you. We need all of you; the more the merrier.

If you are interested in sponsoring some any event please contact myself Puma Banwait at (403) 660-6363 for further details.

We always promote a clean neighborhood and we have a great individual who will come and pick up your scrap metals/appliances. Please contact Mr. Jagdev Singh Sidhu directly at (403) 561-0827. Our continued efforts to remind everyone is not meant to pester our members but to keep positive in our mission. Let's all make a genuine effort to clean up our neighborhood and be proud of helping our neighbors. Let's show that we care and if everyone makes a small effort we can get there together.

I would like to see that we have the cleanest community in Calgary. We have noticed that there is a lot of accumulations of garbage in our back alleys.

We would still like to make a call for volunteers. This is a great time for you the members of our precious community to step forward and help us by volunteering. We need additional volunteers for our sub-committees such as donation, planning and development etc. Please call our number at (403) 930-6188 Ext. 2 or email us at martindale_community@yahoo.ca if you are able to help.

We are a vibrant multicultural community and we love it. We believe in caring and helping our neighbors. Please be mindful and considerate in lending a helping hand whether it may be mowing your elderly neighbor's lawn or just picking up a piece of garbage. One step at a time and little by little we can all make this a better community. We know everyone has gone through very tough times but please keep positive and things will turn around.

– **Puma Banwait**
President, MCA 🌿

MARTINDALE

2020 MCA Board Elections

It is with great pleasure that the Martindale Community Association's Board Selection Committee announces it is time to elect a new Board. If anyone wishes to run for a position on the Martindale Board, please contact us at (403) 930-6188 ext. 2 or by email at martindale_community@yahoo.ca.

Getting involved with your local Community Association is an excellent way to build and cultivate relationships within your community and with neighbours. Serving on the Board of Directors can also enhance your professional skills, is great for resume building, and will provide you with incredible opportunities to work with your local government.

Board of Directors positions require a person act honestly, in good faith, and with the best interests of the Association in mind. It is expected that an individual exercise the care, diligence and skill that a reasonable, careful person would exercise in similar conditions. Being on the Board of the Martindale Community Association is very rewarding. You get to meet your neighbours, other community members and get to be a part of the City of Calgary.

The Board is primarily responsible for promoting the objects and membership of the Community Association. There are many learning opportunities, and everyone brings their own special talent to the Board.

A successful community needs volunteers and support from its residents. Get involved today!

Annual General Meeting

Monday, October 19, 2020 at 7PM
Genesis Centre, 7556 Falconridge Blvd. NE

POSITIONS AVAILABLE



VICE-PRESIDENT: Provide support and leadership to the Directors, fulfill duties of the President in their absence, and carry out duties assigned by the Board. This position is a stepping stone to higher positions and is very helpful to the President.

TREASURER: Attend meetings of the Executive and keep the financial records of the Association. Ensure that all monies are collected and deposited, pay bills and maintain a detailed account of receivables and payables. As well, Chair the Finance Committee and prepare an annual audited statement. This is a good position for someone with some bookkeeping experience.

FUNDRAISING DIRECTOR: Raise funds for the development, maintenance and operation of facilities and amenities. As well, Chair the Fundraising Committee to gather and implement ideas. They manage and assign responsibilities to members and write grants to obtain funds while working closely with the Social Director.

SOCIAL DIRECTOR: Initiate, arrange and manage social activities for the residents of Martindale. This position will work closely with the Fundraising Director. They manage and assign responsibilities to members and coordinate fundraising efforts.

SPORTS DIRECTOR: Initiate, arrange and manage recreational sports activities for residents of Martindale. As well, Chair the Sports Committee and look for funds and resources for programs.

DIRECTOR: This is a good position to hold if you are not sure what you are interested in. A Director will be available for committees, functions and assisting other Directors. 🌿

JAILA CONSTRUCTION LTD.

CALL JAILA FOR A FREE ESTIMATE

(403) 829-1435

Email: jwasran@gmail.com

For Best Quality,
Professional Workmanship



- Garages • Fences • Decks
- Re-Roofing • Garage Pads • Side Walk
- Side Entrance • New Windows
- Siding for New & Old Houses
- Basement Development • Bobcat Services
- All kinds of Repairs

RELIABLE SERVICE & THE BEST RATES!

Maria Gallardo

Your Family-Friendly
Neighborhood Hair Stylist



CALL FOR APPOINTMENTS:

(587) 897-5705

LOCATED IN MARTINDALE, NE



Free Estimates

FOR COMPLETE HAIL DAMAGE REPAIRS

- Siding
- Soffits
- Fascia
- Smart Board
- Roofing
- Eavestroughs
- Gutters
- Window Replacement
- All Repairs A To Z!

CALL HARJOT SIDHU
(403) 401-5625

ANNUAL GENERAL MEETING

MARTINDALE COMMUNITY ASSOCIATION

**GENESIS CENTRE
MULTI-PURPOSE ROOM A**

**MONDAY, OCTOBER 19
AT 7PM**

Come early to sign up for membership!

MARTINDALE

Have you heard of ActiveCITY?

What is the Active Economy?

Today, the \$3 Trillion global active economy incorporates all for-profit, not-for-profit and public organizations and individuals who directly or indirectly contribute to the development and delivery of sport and active recreation experiences, whose aim is expressing or improving individual or community physical, mental and/or social health and wellness. The active ecosystem is composed of ten sectors in the Figure below.

The ActiveCITY Collective

The ActiveCITY Collective is a collaboration of not-for-profit, for-profit and public-sector organizations and individuals engaged in Calgary's regional active economy. Our objective is to facilitate collaboration, debate, learning and connection to shape system wide solutions. Our ultimate goal is transforming Calgary into Canada's most livable region by maximizing the potential of our natural competitive advantage – our active economy.

From the prairies to the mountains and from the Bow to the Elbow rivers, spanning winter and summer, Calgary is a naturally active city. But our real strength are the hundreds of thousands of people engaged actively every day in the active economy, as participants, leaders, volunteers, fans and supporters. So whether you cycle, garden, do Tai Chi, design sport tech or are just a fan, you are part of our rich active economy.

In the Calgary region, the active economy includes in excess of 2,000 organizations and hundreds of thousands of people, powering the economic and social prosperity of our community. Whereas, Silicon Valley is a leader in technology and London in financial services, Calgary possesses the natural resources - our history, our people

and our environment – to be a global leader in the active economy.

But being a global leader rarely happens by accident. It happens because of a plan and commitment. Over the next year, the ActiveCITY Collective is engaging thousands of Calgarian's to develop a collective vision and framework for maximizing the potential of our active economy and transform Calgary into Canada's most livable region.

We want to hear from you!

The ActiveCITY Collective has developed a community engagement survey to better understand Calgarian's views of the active economy and opportunities and challenges for the future. Please visit our website to learn more and take the survey: www.activecityproject.org.



– ActiveCITY Collective



REACH
MARTINDALE

THE ULTIMATE MARTINDALE
LIFESTYLE IS WITHIN REACH

TOWNHOMES
FROM THE
\$150s



OWN FOR JUST \$2000

The first phase of REACH Martindale is **over 90% sold!** We've now launched sales in **Phase 2**. Lots of families came out for the opening weekend celebration and many of them took advantage of choosing the exact home they want.

These 1 – 5 bedroom, smart-designed townhomes are perfect for whatever stage your family is in. We have several floorplans to choose from between 510 sq. ft. to 1,343 sq. ft. all with stainless steel appliances and quartz countertops. The just-released buildings of Phase 2 all have basements allowing you the flexibility you might need with a growing family. This is the time when you can choose which floorplan and location you like best.

Homes in REACH Martindale are available to Calgarians seeking down payment assistance and even to those who don't need the help. We have 3 showhomes available for viewing 5 days a week. Come see what could be your new home.

About Attainable Homes Calgary

Attainable Homes Calgary is a non-profit, social enterprise created and owned by The City of Calgary.

We provide affordable homeownership options for Calgarians.

AN **AHC** COMMUNITY



stay & play in Northeast Calgary

Calgary's North East Hotels



An extension of your home for out of town guests



Conference space for both social and corporate events



Casual and fine dining options



Close proximity to Calgary International Airport

Exciting Attractions

- Come visit the pandas, and over 120 other species, at the **Calgary Zoo**
- Experience endless family fun and attractions at **Calaway Park**
- Fill your day with health, wellness and community unity at the **Genesis Centre**
- Explore and discover science, technology and art at **TELUS Spark**

Shopping

- Visit over 200 stores, premium outlets and unique services at the must-see **CrossIron Mills**

Find out more at visitcalgary.com/northeast
 #tourismcalgary #tourismcalgary

JOIN THE GENESIS CENTRE BOARD OF DIRECTORS



REASONS TO APPLY

BUILD EXPERIENCE

Gain invaluable experience by playing a key role in strategic decision-making and boost your resume for future opportunities. You will also be given the opportunity to join sub-committees via your position on the board.



SUPPORT THE COMMUNITY

As a volunteer, you will be contributing to a non-profit, charitable organization mandated to support and foster community development.



LEARNING OPPORTUNITY

You will learn several aspects that stem from your involvement on the board, including governance, audit & finance, stakeholder relations, as well as gain several professional development opportunities along the way.



EXPAND YOUR NETWORK

As an ambassador of the Genesis Centre, you will interact with other board directors, staff, and several other stakeholders.



Individuals may express their interest by providing their cover letter and curriculum vitae by 4:00pm on Friday, January 15, 2021 to:

Genesis Centre Board Recruitment Committee
 Email: nominations@genesis-centre.ca



7555 Falconridge Blvd. NE T3J 0C9 | 403-590-2833 | info@genesis-centre.ca



CORNERSTONE



20 NEW SHOWHOMES OPEN SOUTH OF COUNTRY HILLS

Apartment Condos | Townhomes | Duplex | Laned | Front Drive

LEARN MORE AT LIVEATCORNERSTONE.CA



anthemunited.com

Fall 2020 & Winter 2021 Programs at Genesis Centre!

ALL CANADIAN KARATE UNION



www.acku.org
jbray@acku.org
403-232-0228

DODGEBALL CALGARY



www.dodgeballcalgary.com
info@dodgeballcalgary.com

CALGARY NORTHEAST UNITED (CNEU) FC



www.cneu.ca
info@cneu.ca
403-585-7500

EASTSIDE MEMORIAL FOOTBALL CLUB (EMFC)



www.eastsidememorialfc.ca
office@eastsidememorialfc.com
587-703-8847

CALGARY SPORT & SOCIAL CLUB



www.calgarysportsclub.com
jinfo@calgarysportsclub.com
403-244-7529

MAC UNITED SOCCER CLUB



www.maccalgary.ca

CALGARY UNITED SOCCER ASSOCIATION (CUSA)



www.cusa.ab.ca
info@cusa.ab.ca
403-270-0363

PRE-KINDERGARTEN ACADEMY



www.pre-kindergartened.com
Register@PreKindergartenEd.com

DESTINY MARTIAL ARTS CLUB



www.destinymartialarts.com
info@destinymartialarts.com

UNITED FHC CALGARY



www.ufhc.ca
unitedfhccalgary@gmail.com
403-973-1012



Genesis Centre **Active Living Program Providers**

197 North of McKnight Scouts

197CalgaryScouts@gmail.com
www.myscouts.ca

Alberta Cerebral Palsy Sports Association (ACPSA)

calgary@acpsa.ca
www.acpsa.ca/calgary

Alberta Tunisian Association (ATA) Soccer

info@albertatunisianassociation.ca
www.albertatunisianassociation.ca

All Canadian Karate Union

jbray@acku.org • (403) 232-0228
www.acku.org

Calgary Adrenaline

calgaryadrenalineinfo@gmail.com
www.calgaryadrenaline.com

Calgary Bengal Tigers SC

cbengaltigers@gmail.com • (403) 804-1747 • (403) 554-6426
www.calgarybengaltigers.ca

Calgary COED Rec Soccer

info@calgarycoedsoccer.com • (403) 270-0363
www.calgarycoedsoccer.com

Calgary Hornets Lacrosse

hornetslacrosse.com

Calgary Knights Lacrosse

registrar@calgaryknightslacrosse.com • (403) 568-3573
www.calgaryknightslacrosse.com

Calgary Minor Soccer Association (CMSA)

info@calgaryminorsoccer.com • (403) 279-8686
www.calgaryminorsoccer.com

Calgary Northeast United (CNEU) FC

info@cneu.ca • (403) 585-7500
www.cneu.ca

Calgary Roller Hockey

www.calgaryrollerhockey.com

Calgary Sport & Social Club

info@calgarysportsclub.com • (403) 244-7529
www.calgarysportsclub.com

Calgary United Soccer Association (CUSA)

info@cusa.ab.ca • (403) 270-0363
www.cusa.ab.ca

Calgary Women's Lacrosse League

womenslacrosseyc@gmail.com
www.calgarywomenslacrosse.com

Calgary Women's Soccer Association (CWSA)

office@mycwsa.ca • (403) 720-6692
www.mycwsa.ca

Destiny Martial Arts Club

info@destinymartialarts.com
www.destinymartialarts.com

Dodgeball Calgary

info@dodgeballcalgary.com
www.dodgeballcalgary.com

Eastside Memorial Football Club (EMFC)

office@eastsidememorialfc.com • (587) 225-4372
www.eastsidememorialfc.com

Legacy Academy

legacyacademysports@gmail.com
www.legacyacademysports.com

MAC United Soccer Club

www.maccalgary.ca/mac-united/

MCAC Sports Club

babupetrocanada@hotmail.com • (403) 918-8013

MKan Education

mkaneducation@gmail.com • (587) 703-8847

MSB United Soccer Club

www.msbunited.com

Nachda Punjab Bhangra Academy

(403) 835-8963
www.bhangracalgary.ca

Pre-Kindergarten Educational Services

register@prekindergartened.com
www.pre-kindergartened.com

Spartans Soccer Club & Academy

spartanfcainfo@gmail.com
www.spartanssoccerclub.com

Team Rise Collective Inc.

info@riseup-hoops.com
www.riseup-hoops.com

United FHC Calgary

unitedfhccalgary@gmail.com • (403) 973-1012 • (403) 667-2524
www.ufhc.ca



LIVE YOUR FULL POTENTIAL

- Sports Injuries
- Car Accident Injuries
- WCB / Work Injuries
- Dizziness & Vestibular Tx
- Back & Neck Pain
- Massage Therapy
- Acupuncture & More

**CUSTOM FOOT
ORTHOTICS**

**CHIROPRACTOR
SERVICES**

**CLINICAL
PSYCHOLOGIST**

**WE CAN
DIRECT BILL**



BOOK YOUR APPOINTMENT NOW!

genesisphysio.ca
403-453-2420

Located inside the Genesis Centre - 7555 Falconridge Blvd NE #23

PLUS: VISIT OUR 3 NEW CALGARY LOCATIONS!

EastHills
PHYSIOTHERAPY

403-207-1960

409 E Hills Blvd SE #303

SageHill
PHYSIOTHERAPY

587-535-1439

23 Sage Hill Passage NW

Meadows Mile
PHYSIOTHERAPY

403-885-6404

200-8450 Blackfoot Trail SE