

SPRING 2019

lotusInk



Connecting the Northeast Calgary Communities of

TARADALE • SADDLE RIDGE • MARTINDALE

Genesis Centre Special Events Spring Calendar

Pages 14-15

Taradale

Calgary Gardening

Saddle Ridge

Little Outdoor Library

Martindale

New Skate Park!



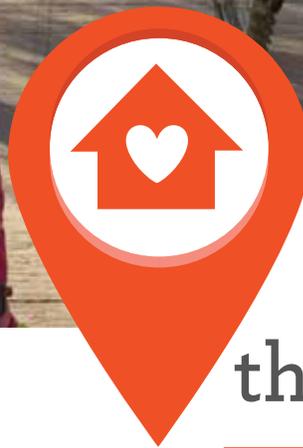
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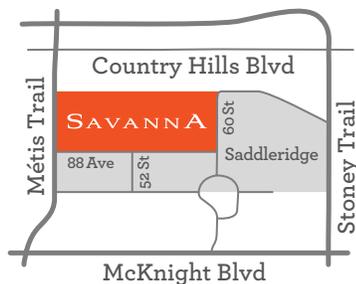


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Connecting the Northeast Calgary Communities of Taradale, Saddle Ridge, and Martindale.

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1000voices

For hours of operation visit www.aspenfamily.org/programs/1000-voices



MISSION

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VISION

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- **Inviting:** We serve people of all abilities, faiths, ages, identities, orientations and backgrounds who will be respected and welcomed.
- **Committed:** We dedicate ourselves to operating in an open, consistent, and responsible manner.
- **Visionary:** We dream, anticipate and collaborate with the community to bridge from present work to future needs.
- **Resilient:** We learn, adapt and focus on community goals and will not be derailed by challenges.

Lotus Link is published 4 times per year by the Genesis Centre. To submit stories and photos contact your Community Association Board or email the *Lotus Link* editor at gmarr@genesis-centre.ca

Interested in advertising in future issues of the *Lotus Link*? Contact the editor at gmarr@genesis-centre.ca

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TARADALE

Message from the President



Hello Taradale Community Residents, it's hard to believe that we are already at the end of first quarter of 2019. It seemed like never ending cold winter but it's now behind us as we welcome the spring and summer ahead. Let's get out and spend some time in our gardens and get to

know our neighbours a bit more.

Taradale Community Association had its annual general meeting last month where we nominated and elected new board members. I would like to personally thank all the existing board members and the new board members who came forward with their continued commitment to community service. Our community association is run with the help of volunteers who take time out of their busy lives and come out to get to know each other and help with the events that the community association organizes. On behalf of the Taradale Community Association Board, I thank all the volunteers for their time and dedication to make our community a better place.

I encourage Taradale residents to participate and be part of the Taradale Community Association meetings. We meet every 2nd Wednesday of each month at Genesis Center from 7:00pm – 9:00pm. We work together to help keep Taradale a friendly,

safe, and welcoming neighborhood. We work with residents to address concerns that affect Taradale. Taradale is the most diverse and multicultural neighborhood, please come and join us with your thoughts and ideas to help make Taradale even more welcoming than ever before. You have the skills, let's put them to good use to connect the community together. Let's learn more about each other's cultural values and make Taradale a distinguished community. We could use some help from the professionals in our community who have certain skills like social media, publishing, content creation, accounting, community engagement, cultural values, and communications.

Taradale Community Association organizes a few events every year for the residents of Taradale. I would like to highlight couple of them.

- **TCA Casino Event** brings funds to be spent within our community and is on May 5th and 6th, Sajjad Ahmed is our Casino chair and would love to hear from you if you are able to volunteer for this event, food and training will be provided.
- **Taradale Community Cleanup** Event is scheduled for Sunday May 19th, 2019 at the Genesis Center parking lot.
- **Taradale Neighbor Day Event** is scheduled on Saturday June 15th, 2019 at the Manmeet Singh Bullar Park, please come and join us for food, fun, games, and get to know your neighbors.

Harwinder Kang

President, Taradale Community Association

Celebrate Taradale's Neighbour Day June 15th!

Held annually on the third Saturday of June, Neighbour Day is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. Neighbour Day began in 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated after the 2013 floods. It has evolved into an annual celebration of what makes Calgary such a great city. Neighbour Day continues to grow each year. **Visit calgary.ca/neighbourday for ideas to help you celebrate.**

Welcome to Calgary Gardening

Calgary, like its namesake in Scotland, is a compound of two Old Norse words, “kald” and “gart”, meaning “cold” and “garden.” That’s us. Planning to garden here? Welcome! We are tough gardeners who like to experiment and try new things. Folks from all over the world admire us because we garden in spite of our adverse dry, cool, continental climate conditions. So don’t get too serious—just have fun with it!

Dry – We are too far from large bodies of water to have much moisture in the air and are in the path of chinook winds, which are warm and dry.

Cool – Due to Calgary’s northern latitude and its elevation, average temperatures are in the cool range.

Continental – The moderating influence of oceans is absent, resulting in a greater temperature range (30 °C in the summer to -40 °C in the winter) and lower heat retention.

Generally, the skies are blue in the summer and temperatures can get above 30 °C. But typically, the evenings cool off preventing plants from continuing to grow during the night. Thanks to climate change, Calgary is rated a Zone 4a for plant hardiness—having gained an extra 11 days of growing season.

(continued next page)



DIRECTORY

Taradale Community Association



Do you want to volunteer or be a board member?

We welcome all to come out and be active in helping us provide more events and activities for our community.

Phone:
(587) 393-4294

Facebook:
[facebook.com/taradalecommunityassociation](https://www.facebook.com/taradalecommunityassociation)

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TARADALE

Welcome to Calgary Gardening *(continued)*

We are still subject to early and late frosts. Then there are the infamous chinooks during the winter. These warm winds tease us, as well as the plants, into shedding our winter gear and believing that spring is around the corner. So if you are to garden here, do it right the first time and save yourself time, money and heartache.

Planning takes time and a lot of thought, so in the meantime, how can you get an instant garden? The answer is containers. Containers are traditionally used to create additional interest in the established garden, but they are also a way for new gardeners to quickly get started. Containers allow you to be in control of the soil (use good quality soil, such as Pro-Mix HP with mycorrhizae) and to respond to the plants' individual moisture and sunlight needs. Containers can be dragged in and out of the sun and quickly covered when there is the threat of frost or the occasional hail storm.

Knock yourself out with annuals but try to think ahead to what perennials could work in your garden beds. Good examples for tall feature plants are hostas (*Hosta*), astilbe (*Astilbe*), daylily (*Hemerocallis*), grasses, iris and ferns. Resist those lovely Asiatic lilies unless you're prepared to be vigilant waging a battle against the red lily beetle that is attacking Calgary. Coral bells (*Heuchera*), catmint (*Nepeta*), primrose (*Primula*) and blanket flower (*Gaillardia*) make great fillers, while dead-nettle (*Lamium*) and creeping Jenny (*Lysimachia nummularia*) can drape over the edges. Throw in winter hardy herbs, like sage and oregano, and vegetables, such as cherry tomatoes, lettuce and parsley. Wow! That's a good start already. Do read the labels on your plants so you can attend to their light and water requirements.

Sandra Pinto
Calgary Horticultural Society



Being Prepared in an Emergency

No matter who you are, you should be prepared for any potential emergency or disaster. Being informed about all the hazards can save you a lot of stress and headache during difficult times. The following are some tips you can follow to make sure that you and your family are well prepared in the event of an emergency.

BEING PREPARED PERSONALLY

The initial three days of an emergency or disaster are the busiest for first responders, so having you and your family be able to take care of yourselves in that time period allows the first responders to assist those who need it the most. Getting a 72-hour preparedness kit will greatly aid you in taking care of yourself during a dire situation. The kit itself should have three days' worth of supplies, which includes water, non-perishable food, a wind-up/crank/battery operated radio, extra clothing, blankets, and other personal items. Ensure that your kit is kept in a place where it is easy to move in the event that you are instructed to evacuate.

STAYING INFORMED

It is very important to be aware of what is going on in your community, and there are several ways to do that. Local authorities like the Calgary Police Service and Calgary Fire Department take to various forms of communication in order to inform citizens, such as local television and radio, and social media such as Facebook and Twitter. You can even download the Alberta Emergency Alert (AEA) app to get instantly notified of emergencies.

911

is the number to call any time you have an emergency requiring police, fire or an ambulance.

LESSENING THE HAZARDS IN YOUR HOME

Some things you can do to lower the impact of emergencies or disasters are: make sure you have proper insurance coverage (especially tenant insurance, due to the fact that home insurance doesn't usually cover the tenant's belongings); keep your home and all appliances in good working order; monitor smoke and carbon dioxide alarms, as well as fire extinguishers regularly; and know the location and use of utility/appliance shut off valves.

KNOWING YOUR NEIGHBOURS

Knowing your neighbour is a good idea for many reasons but it's even more important during an emergency or disaster. This is because there could be people in your neighbourhood going through challenges (e.g. mobility issues or hearing/visual impairments) and sometimes people with special needs require a little more assistance in an emergency situation. Check on your neighbour if you think a disaster is imminent or happening and let first responders know that there may be a neighbor requiring further assistance.

KNOWING EVACUATION ROUTES

As much of a hassle as it is, evacuating when told to do so is very important because they are only ordered when there is a real danger to your safety in the current area. This is why knowing all the ways out is crucial, as you can help prevent congestion by using an alternative route to evacuate.

Haziq Khawaja *Youth Volunteer*

Always call 911 when someone's health or safety is at risk. When a life is at stake, 911 is the fastest way to get the help you need. Medical help arrives when the ambulance arrives. In the meantime, Calgary 9-1-1 can provide life saving instructions. NEVER try to drive a very sick or injured person to the hospital thinking it will be faster than waiting for an ambulance. In a true emergency, dial 911 and stay on the phone. We need to ask a few questions so we can send you the right help.

TARADALE

Message From Your Ward 5 Councillor

George Chahal



We are half way into the spring season with the days getting longer and warmer! Spring is an exciting season of festivities, including Easter, Vaisakhi and Mother's Day. Keep a look out for local events in your community! I send my best wishes to everyone who is celebrating these

auspicious holidays! Earth Day is also celebrated in the spring, which is a time of environmental awareness. We encourage residents to consistently preform acts of service to your communities such as picking up trash and recycling.

Once again, it's time to comb through your garage and purge your garden shed of that never-used stuff. Community Cleanup events run from April through September to help keep our city clean and safe while also saving residents a trip to the landfill. These popular events are hosted by community associations with support from **Calgary Community Standards and Waste & Recycling** at the city. Check calgary.ca/cleanup for the list of community associations hosting cleanup events and check your association web site or Facebook page for full details on the event in your community. The Ward 5 office will also be hosting a Community Clean up on Saturday, June 8th. If you would like more information or would like to volunteer, please email our office at ward05@calgary.ca.

Calgary has been experiencing coyote activity in many areas of the city. Although rare, some encounters have involved pets being hurt or killed. Citizens can reduce or even eliminate negative encounters with coyotes and pets by always keeping dogs on leash except in off-leash parks and do not allow cats to roam. Not only will these steps help keep pets safe, they are also the requirement in the city's **Responsible Pet**

Ownership Bylaw. Ward 5 has also experienced overwhelming skunk activity over the past several years and it is important to secure your garbage cans so that the smell of food does not attract skunks or other wildlife. For more information on how we can work together to live in harmony with coyotes, skunks, and other wildlife, visit calgary.ca/wildlife.

River flooding can occur at any time, but Calgary is most at risk from May 15 to July 15. Flooding can happen quickly and with little warning because of the short, steep distance the rivers travel from the mountains to our city. As a Calgarian, whether you live, work, commute or recreate in the city center or along the Bow or Elbow Rivers, river flooding risk requires some thought and preparation. To better understand your flood risk visit calgary.ca/floodinfo.

Complete your census online beginning April 1, 2019! Watch the mail for your access code and visit calgary.ca/census. The information you provide is used to plan important City services such as fire and police protection, transit, roads and utilities. School boards, businesses and researchers also use this important data for decisions that impact your community. If you are unable to complete your census online, contact 311 for assistance or door-to-door census collection will begin April 22, 2019.

We're checking in on our long-range plans to see what's working well and contributing to the quality of life many Calgarians enjoy, and what needs to be updated or changed to make this a reality for more Calgarians in the future. Over the next few months, we want to hear from you about what's important to you, and your big picture ideas for making life better for everyone who calls this city home. With your help, we'll also delve deeper into core elements of our plans like transportation, jobs, housing and the environment. Visit calgary.ca/ourfuture to find out what our plans mean for you.

George Chahal

Facebook/Twitter/Instagram @ChahalGeorge
GeorgeChahal.ca

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SADDLE RIDGE

Message *from the President*

It seems we have had a long winter and I don't know about you but this week has really brightened me up with the temperature rising. That being said, with Spring here it is time to think about Spring things.

Skunks are out for mating season:

- Try to keep any type of food out of their reach. This will help deter them from deciding to set up home in your yard, under your deck or front stairs.
- If you see a skunk just stay out of its' way. If you try and scare them off a spray is possible.
- Try to monitor your dog outside. If they see a skunk reflex action may take affect and believe me, your dog will lose.

The last couple of months have been hard and if you have a dog your yard may need a good clean up!

With the melting, try to make sure the sewer outlets on your street are clear. This will help stop flooding. If you are strong and healthy you may even try to create a narrow route down the street to the outlet to allow for your neighbours to have their areas free from flooding. This is hard work but it really does help and what a good chance to get the neighbours together working alongside each other.

I noticed this weekend that bicycles are out again. Keep an eye out for bikes and children. They have been cooped up for the last couple of months as well and are eager to get out.

Make sure your windshield fluid is topped up. There is nothing worse than to be driving and finding out that you can't clean your windows.

Time to start thinking about your garden and what you would like to see flowering there. What a wonderful look, neighbourhoods have when you see flowers, bushes and trees blooming and flourishing. Planting time is still a couple of months off but you can start planning now.

The neighbourhood bee and butterfly population would really appreciate flowers and plants that will attract and feed them. Consider buying a butterfly/bee home (about \$25.00) to help them rest. A clay saucer with a few rocks and half filled with water can be placed near flowers. Bees and butterflies do drink water and the rocks give them a place to rest.

Sue Clark

President, Saddle Ridge Community Association

Call for Volunteers

Saddle Ridge Pond Party

As I write this, it looks like spring might really be on its way. Time to think of summer and SRCA's annual pond party. We're very early in the planning stages and we're looking for input. What would you like to see? Bouncy houses – of course! Food trucks? What's your favourite? Entertainment? Are you part of a dance group or musical group that might like to perform? Do you know someone who makes balloon animals? Does face painting? Henna? Should we have kids' games? what kind? Should we give prizes? Do you know someone who might donate prizes? There are a couple of things to keep in mind. We have a rather small budget, so donations are important, and we can't do it without volunteers. You don't need to organize the whole thing, but if you can do something as small as booking a face painter, or a food truck, or getting prices for bouncy houses, that would be a great help!

*Please send your ideas, and offers of help to: **Judy Brown** saddleridgelanduse@shaw.ca*

SRCA Board of Directors

Call for Nominations

Are you passionate about the Saddle Ridge Community?

Are you willing to volunteer to keep our community one of the best areas for diversity and acceptance?

THEN WE WOULD LIKE TO HEAR FROM YOU!

Apply now to join the **Saddle Ridge Community Association Board of Directors**

Saddle Ridge Community Association is a non-profit organization dedicated to sustaining a strong community by encouraging community leadership, promoting volunteerism, and creating a bridge between our diverse cultures within a fun, family environment. We are currently recruiting new directors to help us sustain our success into the future. The ideal candidate(s) should possess one or more of the following professional skills or competencies:

- Full-time resident of the Saddle Ridge Community including Savannah
- Bookkeeping and/or Accounting Experience
- Computer Skills
- Enjoy Working with a Team
- Sound Communication Skills.

If you are committed to a 2 year term in a role with the Saddle Ridge Community helping in directing the organization into the future, and you possess any of the experiences, please consider submitting your application.

Individuals may express their interest by providing their cover letter and resume by 4:00 pm on Sunday, March 31, 2019 to sueclark@hotmail.ca



DIRECTORY

Saddle Ridge Community Association

27 7555 Falconridge Blvd NE
Calgary T3J 0C9

Phone: (403) 590-2833



Email:

saddleridgepresident@shaw.ca

To contact the board please email
president@mysrca.ca

Web:

<http://www.mysrca.ca>

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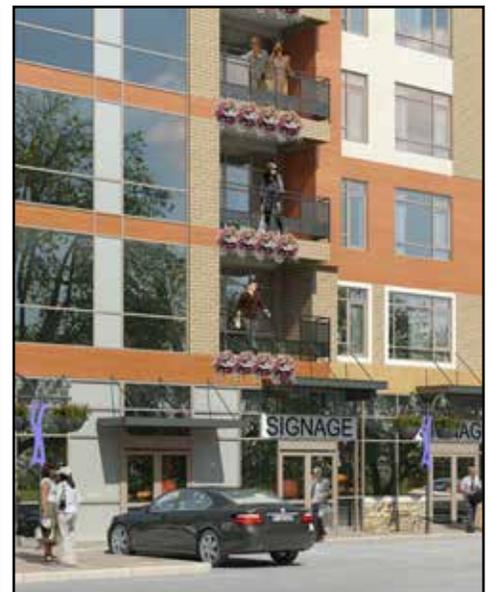
SADDLE RIDGE

Coming to Saddle Ridge Soon!

Saddle Ridge Crossing

A new development is coming to Saddle Ridge. Before long, the corner of 52nd Street and 88th Avenue NE. will offer a novel and creative development. Its name will be **SADDLE RIDGE CROSSING** and is a joint venture between **Creation Communities Inc** and **Sahara Developments Inc**. Creation Communities Inc is the manager of the JV and Gobi Singh (*Owner, Creation Communities Inc*), a long time acquaintance and friend of the community, plans to build a large mixed-use set of buildings. This will be the first retail and residential combination to be built in Cell D (acreages at present). Underground parking will be available for both business owners and residents who live in the development. This is not a traditional appearance, but a very modern and pleasing presentation for both those living there, and those who live in the surrounding areas of Savanna, Saddle Tree and Saddle Creek portions of Saddle Ridge. Gobi, former president of Genesis Land Development, was largely responsible for the corporation contributing five million dollars for the naming of our Genesis Centre back in 2007. Our congratulations go out to Gobi and his group for an impressive vision for improving our presence as a desirable place to live and work in Saddle Ridge.

—Greg Steiner



Top: Building Facing 52nd Street; Bottom Left: Building Facing Internal Road; Bottom Right: Main Entrance to Condo Units

Little Outdoor Library

by **Vipasha Paul** Student, Nelson Mandela High School

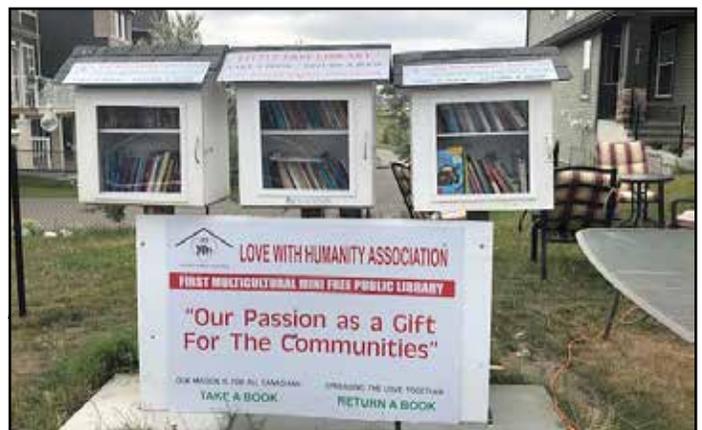
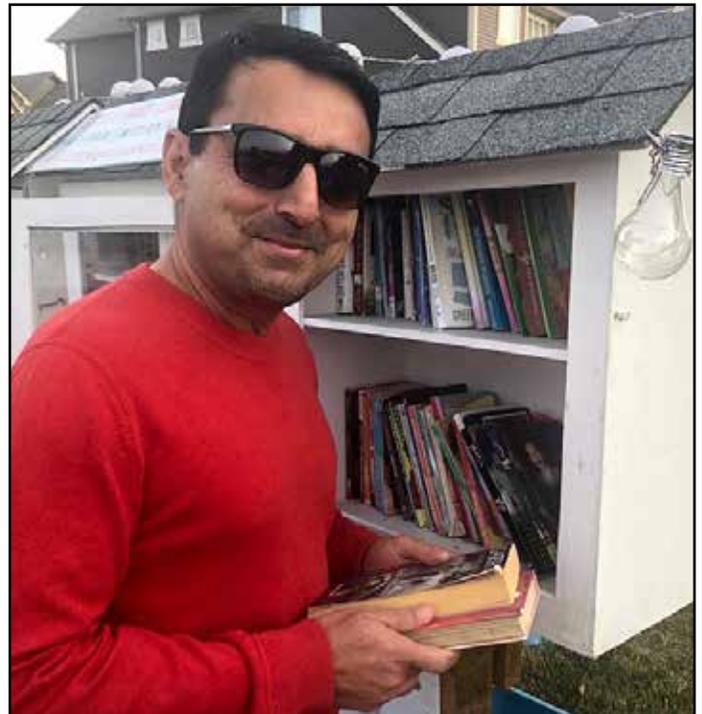
In a quick paced society where people are always busy, it's heartwarming to see a group of people so passionate about an idea that connects the community, inspires reading and spreads love. The **Love With Humanity Association** is a group of volunteers who are known for — creating and executing — non-funded innovative projects that showcase their passion for the multicultural communities of Canada. Outdoor libraries are situated at many bus stops throughout all of Calgary, but one of the residents of Saddle Ridge has made an effort to build this library in his own front yard. This little outdoor library, here in the Northeast, is complete with chairs, shelves and a diverse range of books.

This first **Multicultural Free Public Outdoor Library** is an idea that was instigated by **Syed Hassan** and put into action with his team of volunteers in order to create a space where people of any ethnic background can gather, read and connect — the first one located right in his own front yard. Including Calgary, these public libraries have been set up in many other areas by fellow volunteers in Chestermere, Airdrie and Cochrane as well.

If your shelf is filled with dust-covered books, donating a few of them to these libraries spreads the knowledge, inspiration and enjoyment that you once experienced. It's predominantly dedicated to seniors, new immigrants, homeless people, youth and unemployed individuals. For those who struggle with transportation, want to have a chat with someone, or just have a passion for reading, this multicultural library holds a diverse range of books and interlinks.

It's a wonderful opportunity for anyone to get out in the neighborhood and to encourage reading, and it's a great way to learn, as it provides various language books about distinct topics for anyone, from Canadian classics such as *Anne of Green Gables* to books in Urdu or Hindi. "Knowledge should be free and books should be enjoyed by everyone without hassle, and setting up libraries in the community is an efficient and lovely way to do so!" says Taj Sangha, a resident of Saddle Ridge.

This little endeavour has become a symbol of unity and a way for people to actively participate in their community. Spread the news and visit Syed Hassan and his team's library — right here in Saddle Ridge — and experience the beauty of community and reading. Also, don't forget the Love With Humanity Association's main goal — to spread love within your own community!



Syed Hassan and the Multicultural Public Outdoor Library in Saddle Ridge.

SADDLE RIDGE

Stories from the 5th Grade

Garbage Pickup

We will go to pick up the garbage at the Genesis Centre. If we go and pick up garbage every week, we will make it look clean. If people see us picking up garbage they might help us. We want to help keep the Genesis Centre clean so people will spend time there. Help keep our community clean!

—by *Muneeb and Ayan*

Saddle Ridge Car Crash

In Savannah on February 22 Friday 2019, the roads were to slippery and snowy and two cars crashed. We feel like the City Of Calgary should plow every single road even if it is barely used. The car accident was brutal. The front headlight of one car was shattered into hundreds of pieces and the back left door was pushed in and crunched up. Our prediction is that this might have happened because a car slipped on the road and wasn't able to go fast enough so the other car coming at full speed crashed into the car slipping. We don't know if the people in the cars survived or not because when we saw the cars there were no people inside. Please drive carefully and keep our community safe.

—by *Devarsh & Aryan*

The Hitmen Game

On Wednesday February 27th 2019, we went to the Hitmen game as a school field trip. Only grade 5 students and teachers went to the game. To watch the game, we went to the Saddledome in downtown Calgary. We went to the Hitmen hockey game to raise awareness of bullying. The Hitmen played the Broncos and won the game 9-3. Be kind to each other all the time.

—by *Yuvraj and Saif*

Kindness Week

February 25-28th 2019 was kindness week at Peter Lougheed School. All students and staff participated in being kind to each other at school not just for one day but every day! At the end of that week, house teams got points by picking up garbage and caring

for others. One day, there was a type of scavenger hunt to find different types of kindness quotes. Remember to be kind at school, at home and in our Saddle Ridge Community!

—by *Yuvraj, Mohammad and Payton*

Peter Lougheed School

Peter Lougheed School is amazing! Simply no nooks and crannies you can squeeze into it without having a great time, so without chatting any longer let's get into it! This is just the beginning. I have focused more on the clubs in this school, not recess activities, nothing. Just the clubs, so let's get into it. First is the **Foods Club**. This is accessible during the explore period (it's at the start or end of the day), and after-school (after school is better because you get to make your own foods rather than following a certain recipe!). Not much in it other than cooking food. Still great club though and I recommend it.

—by *Tyson*

Genesis Centre Library

The Genesis Centre Library has a very good reading program. It is on Wednesday at 5 p.m. The program helped me become a better reader and it has helped me improve in school. Now I get better marks in reading. We have a suggestion that the Genesis Centre Program should improve on having more time available for reading and keep the kids at their reading level. Also they should improve on doing reading tests every month so the kids can improve their reading level.

—by *Amandeep and Gursewak*

Our Saddle Ridge Community

Saddle Ridge is a really great area to live in. We have really great people who are kind and keep our community clean. The roads, school, Genesis Centre and stores are well organized. We enjoy living in Saddle Ridge. We would like people to be more kind and to not litter. Together we can make our community clean again!

—by *Harnoor and Vinwar*

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Weekends
from 12-5 pm



**CARRINGTON
SOUTH**



CARRINGTONSOUTH.COM



Special Events Spring Calendar

APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	1	2	3	ROBOTICS APRIL 4 - 6		
				ATTAINABLE HOMES GRAND OPENING APRIL 6 - 7		
ATTAINABLE HOMES OPENING	8	9	10	11	SUPERTRAIN 25TH ANNIVERSARY APRIL 12 - 14	
SUPER TRAIN	GENESIS CENTRE AGM	16	17	JOB FAIR	VAISAKHI MELA AND CII EXPO APRIL 20-21	
HEALTH EXPO 2019	22	23	24	25	26	TTMAC SPRING
28	29	30				

MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	1	2	31	T & T CANADA CUP MAY 3 - 5		
				RAMADAN IFTAR & TARAWEEH MAY 4		
				SUMMER CAMP INFO FAIR MAY 4		
T & T CANADA CUP	6	7	8	T & T PROVINCIAL CUP MAY 9 - 12		
PARVASI PUNJABI MELA PUNJABINA (MOTHERS DAY EVENT)	13	14	15	16	17	A NIGHT OF KNOWLEDGE
19	20	21	22	ACRO PALOOZA MAY 23 - 26		
				EID BAZAAR MAY 25 - 26		
ACRO PALOOZA	27	28	29	30	31	

Visit our website at www.genesis-centre.ca or our Facebook page at www.facebook.com/pg/GenesisCentreYYC/about for an up-to-date schedule of drop-in times and activities.

JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	EID JUNE 4 OR 5		6	7	WARD 5 BBQ
9	10	11	12	13	14	15
16	17	18	19	20	21	SENIORS SPORTS DAY
BUSINESS EXTRAVAGANZA	24	25	26	27	28	UNITED HAWKS GOLD CUP
30						

GENESIS CENTRE PRESENTS

SUMMER CAMP INFO FAIR

SATURDAY MAY 4 11 AM - 3 PM

Get First Choice of Classes! · FREE Family Event
Camp Information · Activities · FAQs · Onsite Registration





THE CALGARY MODEL RAILWAY SOCIETY PRESENTS
**CANADA'S LARGEST MODEL
TRAIN SHOW**



SUPERTRAIN

GENESIS CENTRE

7555 Falconridge Blvd NE Calgary, Alberta

Saturday & Sunday April 13 - 14 9 am - 5 pm

General Admission \$15 / Age 15 & Under FREE*

** Children aged 12 and under must be accompanied by an adult.*



Free Parking & Shuttle Bus from McKnight-Westwinds!

\$1 back with a donation to the Calgary Food Bank

www.supertrain.ca



MONTESSORI CHILDREN'S CENTRES

CELEBRATING 40 YEARS

FALCONRIDGE LOCATION:

Academic Preschool & Kindergarten
8:30-11:30 | 12:30-3:30
403.293.7365

CASTLERIDGE LOCATION:

Academic Preschool & Kindergarten
Childcare & School Age Care
7:00AM - 5:30PM
403.293.1365

No Obligation FREE Tour of Program

After Hours Contact: 403.540.9920 www.montessoricentres.ca

SHOWHOME GRAND OPENING

APRIL 6 & 7 - NOON TO 5PM

COME SEE US DURING OUR GRAND OPENING FOR A CHANCE TO WIN A ONE-YEAR, FAMILY PASS TO THE GENESIS CENTRE OR THE CALGARY YMCA

You aim to REACH higher by owning your own home and now it's attainable. Introducing REACH, a new Martindale community where your family can enjoy the ultimate lifestyle and best of all, it's affordable - even the down payment is totally within REACH.

- Townhomes from the \$140^s
- One-five bedroom floorplans
- Energy efficient, stylish living
- Close to shopping, transit, fitness



TOWNHOMES FROM THE \$140^s

Join us the weekend of April 6 & 7 from noon - 5pm in the Genesis Centre Parking Lot to experience REACH for yourself with FREE food trucks on site



AN AHC COMMUNITY

ReachMartindale.com 403.390.9310

REACH
MARTINDALE

MARTINDALE

Message from the President



Hello Martindale Residents and other community members. Welcome to Spring 2019! I hope everyone got through the cold February and beginning of March. That was a long cold spell, but we are tough Calgarians. Now that it is getting a bit warmer everyone wants to get outside. This

is a good time to think about volunteering with your Community Association. A few of our Board Members are stepping down this year. If a position interests you, go for it.

We had a wonderful Family Day Skate Party in February. Yes, it was cold (-15°C) but sunny. Many families and community members came out to skate and visit. Thanks to the *Skate Shack* for providing free skate rentals. This gave a lot of people the chance to try skating for the first time. Also, thanks

to *Saddle Ridge Tim Horton's* for providing hot chocolate – it helped to take the chill off.

As spring comes around so does clean-up. On June 8, 2019 Ward 5 will be doing a Ward clean-up. They will be providing garbage bags and a place to dump them. Individuals or groups could get together to clean up a street, pathway or park. For information email ward05@calgary.ca. **Martindale Community Clean up will be Saturday, June 22, 9 am - 2 pm at 110 Martin Crossing Park.** Please let us know if you can help. Also, if you have a truck help your neighbours with their garbage if you can. This event removes about 18,000 kg of garbage from our neighbourhood.

Our annual casino is Monday, Aug. 5 and Tuesday, Aug. 6, 2019. We need approximately 40 volunteers. If you can help, please get a hold of us at 403-930-6188 ext. 2 or martindale_community@yahoo.ca.

Chris Clarke
Martindale Community Association President



AGM

OUR ANNUAL GENERAL MEETING IS
MONDAY, APRIL 29, 2019 @ 7:00 PM
MULTIPURPOSE ROOM A GENESIS CENTRE
EVERYONE WELCOME!

Lawn Chair Theatre!

Bring your lawn chair, enjoy great snacks and live entertainment for the entire family. This event is free and is open to all ages. No registration is required. Events will take place in various locations across Calgary as well as in Martindale! Check out our Facebook page for upcoming dates!



Skating Party

Thank you to everyone who attended our Annual Family Day Skate Party on Monday, February 18! Every year, the Martindale Community Association holds a skating event for Family Day at the ice rink behind the CBE Crossing Park School in Martindale. We offer free skates to everyone by renting out the **Skate Shack** which is part of Kids Sport. **KidSport Calgary** offers two skate shacks at no cost to schools, community groups and sports organizations. These Skate Shacks are designed to provide the opportunity for children to learn the skill of skating without having to purchase or rent skates.

This year, through the support of our Neighbourhood Partnership Coordinator from Calgary Neighbourhoods, we were also able to have two City of Calgary skate instructors come by and teach first time skaters the basics from the **Learn2Skate Program**. And of course, no winter event is complete without some hot chocolate courtesy of the *Saddle Ridge Tim Horton's*.



DIRECTORY

Martindale Community Association

Office:

7555 Falconridge Blvd NE
(basement across from Physio)
Calgary, AB T3J 0C9
403-930-6188 ext 2

Mailing Address:

110 Martin Crossing Park NE
Calgary, AB
T3J 3N7



Email:

martindale_community@yahoo.ca

Follow us on Facebook:

Martindale Community Association

Web: calgaryarea.com/index.php?p=communities&c=Martindale

Executive Directors:

Chris Clarke *President*

Nancy Perry *Vice President*

Trevor Sitter *Secretary*

Directors at Large:

Nancy Perry *Membership Director*

Sukhman Hehar

Communications Director

Sherri Sitter *Director at Large*

Vince Singh *Director at Large*

Anomi Denagamage

Director at Large

Steve Saunders *Director at Large*

Puma Banwait *Director at Large*

Vickram Deol *Director at Large*

Jagraj Singh Sohi *Director at Large*

KariLynn Thiessen *Director at Large*

MARTINDALE

New Skate Park



The Genesis Centre is building a new skate park! Stay tuned!

Water Bill Improvements

You told us you wanted your bill to be simple and clear. We worked with you to make it easier to see what you pay for and how it is calculated. Delivering safe and reliable drinking water, treating wastewater, providing flood protection, maintaining a system of pipes, plants and pumps, and providing waste and recycling services for a city of 1.2 million is complex. Reading your bill shouldn't be. You told us you wanted your bill to be simple and clear. We worked with you to make it easier to see what you pay for and how it is calculated. Coming in 2019, the format of your bill will make it easier to see the municipal services you pay for, how your charges are calculated and where your money goes.

Every business, organization and home in Calgary depends on water, and waste and recycling services. Your water rates and service charges make it possible for The City to deliver high quality drinking water, treat our wastewater safely and protect the river – our source of drinking water. Your waste and recycling program charges pay for collecting and processing recycling, garbage, and food and yard waste. Together we make life better every day. For more information on rates and reading your bill, visit calgary.ca.



Annual Sikh Parade

Join the Sikh community on Saturday, May. 11th 2019 at 135 Martindale Blvd for one of the largest parades in Calgary! Everyone is invited to partake and enjoy some cultural food.

Nagar Kirtan



A **NAGAR KIRTAN** is a Sikh custom involving the processional singing of holy hymns through a community during the Sikh month of Vaisakh. It celebrates the birth of the Khalsa fraternity which was born in 1699, in times of turmoil, corruption, and a society void of the rule of law. Rights of the commoners were non-existent, and the 10th Sikh Guru, Guru Gobind Singh Ji, created the Khalsa to rise above weakness', to be strong and fearless, to uphold justice and to die for the truth. The revolution of the Khalsa eliminated all castes, and also saw men and women to be equal.

The Nagar Kirtan festivities are held world-wide and is open for attendance to everyone, despite their belief system. As Vaisakh also encompasses the unique element of the time of harvest, attendees are given free food and drinks from members of the community throughout the parade.



MCA Board Nominations

Getting involved with your local community association is an excellent way to build and cultivate relationships within your community and with neighbours. Serving on the Board of Directors can also enhance your professional skills, is great for resume building, and will provide you with incredible opportunities to work with your local government. Director positions require a person to act honestly, in good faith, and with the best interests of the Association in mind. It is expected that an individual exercise the care, diligence and skill that a reasonable, careful person would exercise in similar conditions. The Board is primarily responsible for promoting the objects and membership of the Community Association.

PRESIDENT: Provide support and leadership to the Executive, Board Members and Community Members. Supervise the affairs of the Board, chair all meetings and act as a spokesperson for the Association. This is a leadership position with many opportunities.

VICE-PRESIDENT: Provide support and leadership to the Directors, fulfills duties of the President in their absence, and carry out duties assigned by the Board. This position is a stepping stone to higher positions and is very helpful to the President.

SECRETARY: Attend meetings to take minutes and deal with all correspondence (emails, voice mails, regular mail, etc.) Also, to keep a record of the membership, send out notices for meetings, and to carry out other duties assigned by the Board. The role of the Secretary is to support the Chair in ensuring the smooth functioning of the Association by ensuring meetings are effectively organized, minutes taken, and maintaining records and administration.

TREASURER: Attend meetings of the Executive and keep the financial records of the Association. Ensure that all monies are collected and deposited, pay bills and maintain a detailed account of receivables and payables. As well, Chair the Finance Committee and prepare an annual audited statement. This is a good position for someone with bookkeeping experience.

FUNDRAISING DIRECTOR: Raise funds for the development, maintenance and operation of facilities and amenities; chair the Fundraising Committee to gather ideas and implement them; manage and assign responsibilities to members; write grants to obtain funds; and work closely with the Social Director.

PLANNING AND DEVELOPMENT DIRECTOR: Coordinate all discussions and lobbying around planning and development issues in Martindale Community. Development information will come to the Community and the Director will investigate it and present the information to the Board.

SOCIAL DIRECTOR: Initiate, arrange and manage social activities for the residents of Martindale. This position will work closely with the Fundraising Director. They manage and assign responsibilities to members and coordinate fundraising efforts.

SPORTS DIRECTOR: Initiate, arrange and manage recreational sports activities for residents of Martindale. As well, Chair the Sports Committee and look for funds and resources for programs.

NEWSLETTER DIRECTOR: Collect and edit articles for the Tri-Community newsletter. Also, to maintain Social Media (Facebook). This would be a great position for someone interested in Journalism.

DIRECTOR: This is a good position to hold if you are not sure what you are interested in. A Director will be available for committees and functions. You can be a Director and assist any of the other Directors. Being on the Board of the Martindale Community Association is very rewarding.

MEMBERSHIP DIRECTOR: Responsible for Martindale Community Association membership sales, ensuring the residents have access to purchase memberships and to keep records of the membership. The membership data base is a list of valid members with name, address, phone number, email and volunteer information. This information is to be kept CONFIDENTIAL and is used only by the Board for Association business only.

Please submit nominations by March 31, 2019. Email martindale_community@yahoo.ca or phone 403-930-6188 ext. 2. Please leave your full name, phone number and email.

MARTINDALE

Summer Clean Up & Neighbour Day

JUNE 22ND 2019

9:00 AM - 2:00 PM

110 MARTIN CROSSING PARK
(behind Crossing Park School)

This is a free event for all residents. Bring your trash, garden trash, furniture, sports equipment, construction garbage, desks, chairs, sofas, leaves, grass, tree cuttings, lumber, garden tools, and broken plastic garbage cans.

ITEMS NOT ACCEPTED:

Propane tanks, microwaves, paint cans, used oil, tires, water coolers, appliances, fridges and stoves, freezers, household chemicals.

ELECTRONICS RECYCLING:

TVs, radios, cell phones, computers, monitors, video games, clock radios (partnering with eCycle Solutions).

PLEASE NOTE:

- This clean-up is for community residents only. **DO NOT BRING COMMERCIAL GARBAGE.**
- After 2:00pm, please do not bring garbage!
- Sponsored by the City of Calgary Waste and Recycling Services.



Neighbour Day is an opportunity to get together with your neighbours and celebrate Calgary's strong community spirit. The City welcomes all Calgarians to celebrate and encourages as many people as possible to host local community events. Neighbour Day has evolved to be an opportunity for communities across the city to come together in the form of BBQs, block parties, cleanups and potlucks in order to meet their neighbours and celebrate where they live. Neighbour Day originated in 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated after the 2013 floods. It has evolved into an annual celebration of what makes Calgary such a great city – our strong and caring communities. Neighbour Day continues to grow each year. Visit calgary.ca/NeighbourDay for more information.



Did You Know?

BOOK MEETING ROOMS FOR FREE!

There are more than 60 free bookable meeting rooms available at libraries across Calgary. Use your free Library card to book a space for your community group, not-for-profit, study group, book club, or event. Free meeting rooms are available at every library except Rocky Ridge, including more than 30 bookable meeting rooms available at the new Central Library. Learn more at calgarylibrary.ca/book-a-meeting-space.

MCA MEMBERSHIPS

Community Memberships are a great way to be a part of your neighbourhood.

\$10.00 A YEAR

Membership money is put towards community events such as our Annual Garbage Day, Annual Family Day Skating Party, and our Volunteer Parties.

Contact us at **403-930-6188** Extension 2 or martindale_community@yahoo.ca
Nancy Perry Membership Director

**2019-2020
PRESCHOOL & KINDERGARTEN
REGISTRATION FAIR**

Therapeutic & Educational Preschools
for Children with Disabilities

FREE BUSSING!

FALCONRIDGE PRESCHOOL & KINDERGARTEN

Saturday, April 13th 9:00am – 1:00pm

116 Falsby Way NE

*You are able to register for any of our six school locations!

For more information, contact us at 403-255-5577
or info@providencechildren.com



www.providencechildren.com



**GENESIS
CENTRE**

An Inspired Community

LOW PRICE, HIGH VALUE!

ANNUAL PASSES

Family (2 adults, 4 children)	\$720
Adult 18+	\$360
Senior 55+	\$200
Youth 15-17	\$250
Child 8-14	\$200

FAMILY PASS FEE SUBSIDY

Families who qualify for the City of Calgary Fair Entry program are also eligible to receive a subsidized Genesis Centre Family Pass. This is 50% off the regular annual rate. Our Fee Subsidy program is designed to help families create lasting memories by getting more active more often. Individual passes do not apply. Those wishing to make use of this program must first acquire a "Fair Entry" approval letter from the City. This can be found via this link on the City of Calgary website:

www.calgary.ca/CSPS/CNS/Pages/Neighbourhood-Services/Programs-and-services-for-low-income-calgarians.aspx

Visit our website www.genesis-centre.ca for an up-to-date schedule of drop-in times and activities.



Birthday Party Packages

PARTY #1 \$250

Includes a small bouncy house, assortment of toddler toys, and a reserved space/party room with tables & chairs, where you can serve your own food, beverages and cake. Event is designed for up to 40 guests and is a 3-hour booking. This package is recommended for children under age 5.

PARTY #2 \$350

Includes one large bouncy house, a reserved space/ party room with tables & chairs, where you can serve your own food, beverages and cake. Event is designed for up to 60 guests and is a 3-hour booking. This package is recommended for children ages 5 to 10.

PARTY #3 \$225

Includes your choice of sport activity – Basketball, Badminton, Volleyball, Floor Hockey or Soccer/Futsal, a reserved space/ party room with tables & chairs, where you can serve your own food, beverages and cake. Event is designed for up to 20 guests and is a 3-hour booking. For ages 17 and under.

PARTY #4 \$550

Includes one large bouncy house, assortment of toddler toys, a reserved space/ party room with tables & chairs, where you can serve your own food, beverages and cake. Event is designed for up to 100 guests and is a 3-hour booking. This package is recommended for children ages 1 to 10.



GENESIS

CENTRE

An Inspired Community

*Additional guests \$3.00 per person. To reserve your party, complete the online booking form.

1000 VOICES UPCOMING EVENTS



1000voices

③ DROP IN TECH HUB



Practice your computer skills and get support from an IT professional. Residents can bring their own laptops or we can provide one.

④ TAX CLINIC



As tax season approaches 1000 voices is offering free tax preparation for low income families and individuals this March and April. To book appointments visit the front desk.

③ ILVARC Services at 1000 Voices



Canadian Language Benchmarks Assessment, Referral to LINC, ESL and Literacy Programs, Education counselling Information Sessions on last Thursdays of the month For more information, please call 403-262-2656

④ SENIORS WEEK



Join us for a fun filled week in June as 1000 voices will be celebrating National Seniors Week, with interactive workshops all week ending with a joyful event on Thursday June 6

EVENT HIGHLIGHT

FINANCIAL WELLNESS SEMINAR

On September 23, 2019 1000 Voices hosted an informative series of workshops about financial wellness just before tax season. The purpose was to create awareness about new tax rules, to build and improve credits and to be safe from financial abuse and scam. The outcome from residents of the community was amazing to have first-hand knowledge from experts



KNITTING CIRCLE

1000 Voices is hosting this event since January 2019. Residents get together to display their knitting and crocheting talents and share their experience with everyone.



Fire & Ice TaeKwon-Do Championships



Congratulations to everyone who competed in Edmonton on March 9th!

Arash Ahmed - Silver
Ayva Hlushak - Silver
Rahma Mosa - Bronze
Zakkary Martin - Silver
Warda Durrani - Gold & Bronze
Senudi Udawatte - Bronze
Chloe Samoro - Bronze x 2
Jyle Lacson - Silver
Yunis Mosa - Bronze



Jagnoor Singh
Abyan Ahmed - Silver
Tyson Takei-Gendron - Gold & Silver
Kapil Dulal - Bronze
Kristin Reid-Martin - Silver & Bronze
Aaryan Gosai
Connor Hills - Bronze
Callista Weiss - Gold & Bronze

ACCEPTING NEW PATIENTS!



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Serving Individuals, Families & Communities

403.226.2121 *Dr. Rashmi Bajaj & Team*

3840 104 Avenue NE (Jacksonport Plaza, DQ & Esso)

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Most Insurances Accepted including Government Insurance Plans

Adult Benefit Plans • Alberta Seniors Plan • Alberta Child Health Benefits

FOR A HEALTHY, BRIGHT AND CONFIDENT SMILE

MORE **FITNESS** TIME!



ACTIVE ADULTS

GENESIS CENTRE

MONDAY TO FRIDAY 9 AM - 12 PM

FREE! Participate with friends and family in fun, lively activities including indoor walking, tennis, bocce, and more. Proudly presented by Mosaic Primary Care.

MORE **KIDS FUN** TIME!



ACTIVE TODDLERS

GENESIS CENTRE

TUESDAYS & THURSDAYS

10 AM - 12 PM

Join friends and young families for bouncy houses, parachutes, balls, toys, mats, and more! This unsupervised parented drop-in program allows your child to be active and make new friends. Children under the age of 6 are free when accompanied by a paid adult admission.

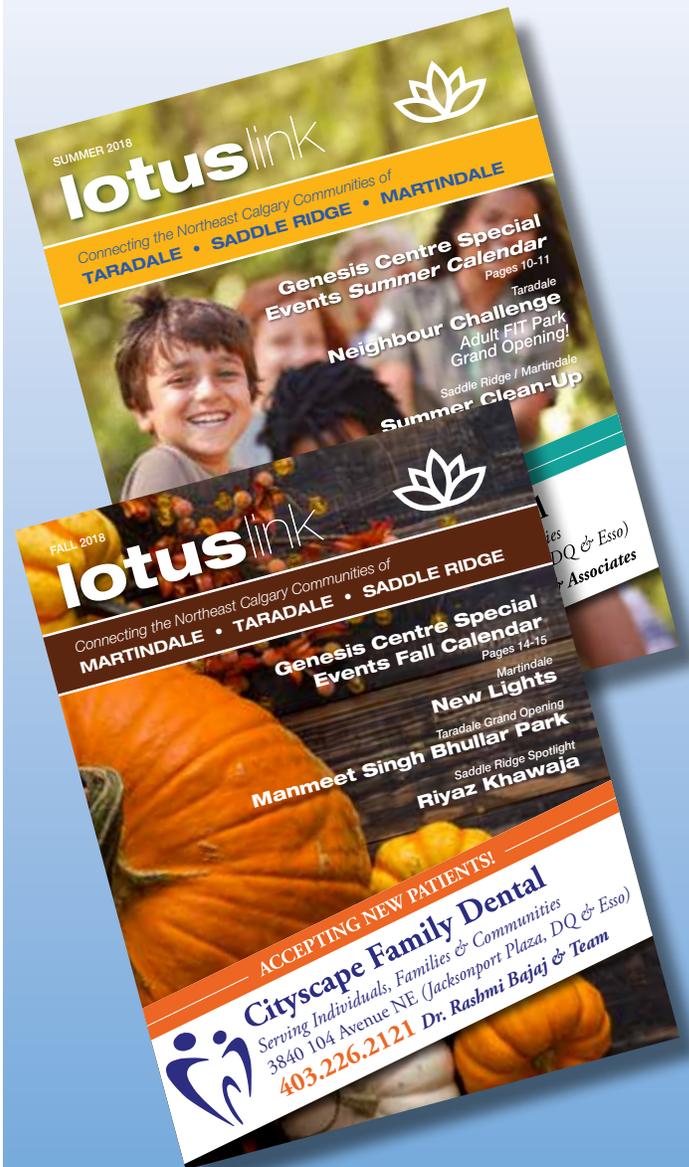


ADVERTISE IN THE LOTUS LINK!

ACCESS TO **16,000+** HOUSEHOLDS
& **73,000** NE RESIDENTS.

DIRECT MAIL TO COMMUNITY HOMES
FOUR TIMES A YEAR.

For more info or to book contact
Glenda Marr (403) 930-6180
gmarr@genesis-centre.ca



Download our **MEDIA GUIDE** to browse all
of the advertising opportunities available
at Genesis Centre
genesis-centre.ca/pdfs/mediakit_2018.pdf



Genesis Centre **Sport & Program Partners**

197th North of McKnight Scouts Group

197CalgaryScouts@gmail.com

Calgary United Soccer Association

info@cusa.ab.ca

www.cusa.ab.ca

403-270-0363

Children's School of Dance Ltd.

csodltd@live.ca

403-235-5153

Engineering for Kids

calgary@engineeringforkids.net

587-349-4555

Hawks Field Hockey Academy Club

hawksfieldhockeyclub@gmail.com

403-542-5033

Calgary Northeast United FC

info@cneunited.ca

403-585-7500

All Canadian Karate Union

jbray@acku.org / www.acku.org

403-232-0228

Calgary Bengal Tigers

cbengaltigers@gmail.com

403-804-1747 / 403-891-4472

www.calgarybengaltigers.ca

Calgary COED Rec Soccer

info@calgarycoedsoccer.com

403-270-0363

www.calgarycoedsoccer.com

Calgary District Lacrosse Association

www.calgarylacrosse.com

403-668-1757

Calgary Knights Lacrosse

registrar@calgaryknightslacrosse.com

403-568-3573

www.calgaryknightslacrosse.com

Calgary Minor Soccer Association

info@calgaryminorsoccer.com

403-279-8686

Calgary Sport and Social Club

info@calgarysportsclub.com

403-244-7529

www.calgarysportsclub.com

Calgary Women's Lacrosse League

calgarywomenslacrosse.com

Calgary Women's Soccer Association

office@mycwsa.ca

www.mycwsa.ca

403-720-6692

Destiny Martial Arts

destinymartialarts@gmail.com

403-620-8903

www.destinymartialarts.com

Eastside Memorial FC Soccer Club

office@eastsidememorialfc.com

587-225-4372

www.eastsidememorialfc.com

Foxy Kickboxing

info@foxykickboxing.ca

1-888-974-FOXY (3699)

www.foxykickboxing.ca

MAC United Soccer Club

maccalgary.ca/mac-united

MCAC Sports Club

babupetrocanada@hotmail.com

403-241-3013

MKan Education Math Tutoring

587-703-8847

Nachda Punjab Bhangra Academy

403-966-3988

www.nachda-punjab.com

Properties Sports Association Soccer

587-700-2601

psasoccer.ca

Sport Hub

Thursdays 4:30 - 5:45 pm

Young Rembrandts

403-457-DRAW (3729)

www.youngrembrandts.com/southernalberta

STAMPEDE BREAKFAST



JULY 12TH 9AM-11AM

LARGE SOUTH PARKING LOT

FREE PANCAKE BREAKFAST



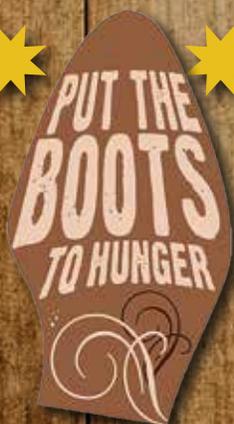
WESTERN BAND • VISITING STAMPEDE CELEBRITIES

MARCHING BANDS • INDIGENOUS DANCERS

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INTERACTIVE RODEO DISPLAY • PONY RIDES

PETTING ZOO • CHILDREN'S GAMES AND ACTIVITIES



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LIBRARY**

**BRING A FOOD OR CASH DONATION
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CORNERSTONE

**Where neighbours become friends
and family is just around the corner.**



This community features **31 showhomes**, **6 builders** and 5 neighborhoods to choose from. With a Major Activity Centre that includes shops and restaurants, plus surrounding parks and pathways, you'll have plenty of space to grow with friends and family.

Duplex from the \$360's | **Courtyard** from the \$440's | **Front Drive** from the \$500's
Zero Lots from the \$350's | **Townhomes** from the \$300's | **Condominiums** from the \$140's

SHOWHOME OPENING EVENT ON MAY 18

LIVEATCORNERSTONE.CA