

SPRING 2023

# lotuslink



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**Northeast Calgary Communities**

## COMING SOON! Genesis Centre Fieldhouse Updates

**Saddle Ridge Community Association**  
Spring Cleaning Tips

**The City of Calgary – Ward 5**  
Community Update

**Genesis Centre**  
SUPERTRAIN Returns

**Calgary Police Service**  
Const. Amie Furneaux

**Dashmesh Culture Centre**  
DCC Food Bank

**Green Calgary**  
Rain Barrel Program

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### Genesis Centre Location

#30 7555 Falconridge Blvd NE  
Calgary, AB T3J 0C9

Ph. 403-300-1995



SPRING 2023

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**Genesis Centre 2023**

# ANNUAL GENERAL MEETING

7pm, Monday, April 17th 2023

Multipurpose Room B,  
Genesis Centre

Light snacks and refreshments will be provided.

**Lotus Link** is published four times per year by the Genesis Centre. To submit stories and photos or inquire about advertising, please email our editor, **Jonah Ardiel**, at [jardiel@genesis-centre.ca](mailto:jardiel@genesis-centre.ca).

### Genesis Centre

#10, 7555 Falconridge Blvd. NE, Calgary, AB T3J 0C9  
(403) 590-2833 • [info@genesis-centre.ca](mailto:info@genesis-centre.ca) • [www.genesis-centre.ca](http://www.genesis-centre.ca)

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Calgary Public Library	(403) 260-2600
1000 Voices	(403) 930-3370
Genesis Medical Clinic	(403) 475-2500
Genesis Physiotherapy	(403) 453-2420
Jugo Juice	(587) 351-0957
Pre-Kindergarten Office	(403) 992-2404

### For Hours of Operation, Visit



[calgarylibrary.ca](http://calgarylibrary.ca)



[ymcocalgary.org](http://ymcocalgary.org)



**1000voices**  
[aspenfamily.org/programs/1000-voices](http://aspenfamily.org/programs/1000-voices)



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## GENESIS CENTRE MEMBERSHIPS

### ANNUAL PASS

Family (2 adults, 4 children)	\$600
Adult (18+)	\$320
Seniors (55+)	\$220
Youth (14-17)	\$230
Child (8-13)	\$220
Preschool (0-7)	FREE

### MONTHLY PASS

Family (2 adults, 4 children)	\$62
Adult (18+)	\$34
Seniors (55+)	\$23
Youth (14-17)	\$24
Child (8-13)	\$23
Preschool (0-7)	FREE

### 30 DAY

Adult (18+)	\$48
Seniors (55+)	\$34
Youth (14-17)	\$35
Child (8-13)	\$34
Preschool (0-7)	FREE



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## Message from the President



I hope this message finds you all well and that you have managed to stay safe during these cold winter months.

The snow and icy conditions have made it challenging to get around, but I am glad to see that our community

has come together to help each other out. I have seen neighbours helping others cleaning the driveways or digging the vehicles out of snow.

Now that spring is on its way, we can start to look forward to warmer weather and the snow melting away. With the snow receding, it is important to remember to clear any remaining snow on your sidewalks to ensure the safety of all our community members. It is crucial to keep our sidewalks clear and safe for pedestrians, especially for those who may have difficulty walking or using mobility aids. So, let us all make a conscious effort to remove the snow and ice from our sidewalks as soon as possible.

As we welcome the spring season, it is also time to start thinking about cleaning up our community. I encourage all members of our community to come together and help remove the garbage and debris that has accumulated over the winter months. Please contact us if you need garbage bags and gloves. Once garbage is collected, you can tag the location for the city to pick up the bags.

I would also like to emphasize the importance of volunteering and being a member of Saddle Ridge Community Association. Our association depends on volunteers to help with various events and initiatives, and your contributions are highly valued.

## DIRECTORY



### Saddle Ridge Community Association

#### OFFICE

27 7555 Falconridge Blvd NE  
Calgary T3J 0C9  
Phone: (403) 590-2833

To contact the board please email  
[president@mysrca.ca](mailto:president@mysrca.ca).

[www.yrca.ca](http://www.yrca.ca)  
[www.facebook.com/mysrca](https://www.facebook.com/mysrca)

#### BOARD OF DIRECTORS

##### Executive:

Asim Baig	President
Peter Bullar	Vice President
Neal Jones	Secretary
Pragati Grewal	Treasurer

##### Directors:

Ramesh Chivli  
Raphael Ramos  
Shuvro Das  
Sukhvinder Malhotra

#### BECOME A MEMBER TODAY!

Visit [www.mysrca.ca/  
become-a-member/](http://www.mysrca.ca/become-a-member/)  
or scan the QR code.




---

In addition, membership in our community association is essential for ensuring that we have the resources necessary to carry out our initiatives. Your membership fees will help us undertake more programs, including community events and public improvements. By renewing or joining our association, you are showing your commitment to the community you live in.

If you live in Savanna and interested in Director position for Saddle Ridge CA Board, please send your resume to [president@mysrca.ca](mailto:president@mysrca.ca). Thank you.

On behalf of Saddle Ridge Community Association Board, I want to thank you all for your continued support and for being a part of our community association. Together, we can make our community a better place to live.

Thank you. 

**Asim Baig**  
*President, SRCA*

# BECOME A MEMBER TODAY!

*Proceeds from SRCA memberships get reinvested back into the community and members receive exclusive benefits.*



**SADDLE RIDGE  
COMMUNITY  
ASSOCIATION**

**VISIT**

[mysrca.ca/become-a-member/](https://mysrca.ca/become-a-member/)

or

**SCAN THE QR CODE**

below using your phone camera.





# Double Duty Plants

**MAIN:** Rosybloom  
crabapple blossoms.

As the City of Calgary attempts to control urban sprawl, new lots are becoming smaller. While a small garden is easier to care for and less time-consuming, it does mean that homeowners have to pack more into their space. One solution is to grow plants that are both ornamental and edible. Fruit trees and shrubs have beautiful blossoms, provide privacy and shade in the garden, and have the added bonus of fruit.

Annual and perennial vegetables, fruits and edible flowers don't have to be grown in their own beds; many are wonderful additions to garden borders and containers.

Apple trees are lovely, with white blossoms in the spring and fruit in the fall. Many hardy apple varieties are now available in Calgary. Edible crabapples have white flowers and fruit which is excellent for jelly.

The Evans cherry has been grown in Alberta since the 1920s and is very hardy in Calgary. Although it is considered a sour cherry, the fruit is delicious fresh and great for cooking.

The University of Saskatchewan has developed dwarf sour cherry varieties—the Romance Series—in shrub form. Like the Evans cherry, they are attractive and hardy and bear delicious fruit. Nanking cherry is a lovely ornamental shrub commonly grown in Calgary. The small, sweet red fruit is tasty but has

rather large pits, so may be best used for jelly. Honeyberries, or haskaps, are relatively new shrubs on the market. The elongated dark-blue berries ripen in mid to late June. They are excellent

*Don't be discouraged  
if your garden is  
rather small in scale.*





**LEFT:** Colourful  
Rhubarb leaves.  
**INSET:** Sunflower  
blooms can provide  
edible seeds to share.

fresh or in preserves. Saskatoon is a North American native shrub with white blossoms in spring and outstanding fall colour. It is often planted as an ornamental shrub or hedge; however, the sweet blue fruit, which ripens around mid-July, is delicious fresh or cooked.

Rhubarb is tough as nails and is ready to harvest early in the spring. It is delicious in baking and preserves, either on its own or combined with strawberries, apples, or berries.

Many herbs fit nicely into garden borders and containers. Chives of the common and garlic varieties have attractive grass-like leaves and pretty purple and white flowers, respectively. Thyme makes a beautiful, edible groundcover; mother-of-thyme is my favourite. At the Calgary Zoo, curly parsley is used as an attractive edging in ornamental borders.

Vegetables can also be pleasing additions to ornamental beds and containers. The quirky-looking perennial walking onion produces flowers and clusters of small onions on top of the foliage. The tops then fall over, and new plants sprout from the top onions. The greens, top onions, and roots can be eaten. Colourful lettuces, rainbow chard, and kale are lovely additions to garden beds and containers. And for a vertical accent or screen, grow scarlet runner beans on a trellis or fence for bright red blossoms and edible beans in the summer.

Add some edible flowers to your garden beds or containers for a splash of colour and to attract pollinators. Many blooms that we consider purely ornamental are also edible. Some of my favourites are nasturtiums, violas, and daylilies. Plant a few sunflowers for seeds to eat or to share with the birds.

So don't be discouraged if your garden is rather small in scale. No matter what size plot you are blessed with, you can cultivate your own version of paradise.

**Note:** *I haven't listed specific cultivars; it's always best to ask for recommendations from a reputable local garden centre.*

To learn more about small space gardening and the Calgary Horticultural Society, visit our website [www.calhort.org](http://www.calhort.org). 🌸

**Ann Van de Reep**  
Calgary Horticultural Society





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## Saddletown Radiology

### Saddleridge Shopping Centre

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Calgary, AB T3J 0H5

Ph 587.623.6650  
Fax 587.623.6561

(Located across the street from Genesis Centre)



### Hours of Operations

Monday to Friday	8 am - 6 pm
Saturday, Sunday	Closed
Statutory Holidays	Closed

[saddletownradiology.ca](http://saddletownradiology.ca) | [info@saddletownradiology.ca](mailto:info@saddletownradiology.ca)



# Spring Update

## Snow Removal

Winter conditions are still around so please be reminded to remove snow and ice from your property's adjacent sidewalks within 24 hrs when the snowfall ends. Failure to do so can result in fines of \$250. Uncleared sidewalks can be reported to: [www.calgary.ca/info-requests/report-snow-ice-concerns](http://www.calgary.ca/info-requests/report-snow-ice-concerns)

Many seniors and people with restricted mobility need help in clearing snow from their sidewalks, consider being a snow angel and help clear your neighbors' sidewalks too.

## Spring Community and Alley Cleanups

There are many community cleanups bring organized by the Community Associations for this Spring and Summer. On popular demand, the "Adopt-An-Alley" program will be back

again this Spring. We need volunteers to help lead teams in our neighborhoods. Please follow our social media handles for more info coming soon.

## Community Projects

Thank you to everyone that helped with donations of food, winter clothing and money to support Ward 5 Winter Food and Clothing Drives. Both were very successful, and we ended up collecting donations worth over \$20,000. Volunteers from the Community and my office staff drove to drop off donations to families in need. A big shout out to the Dashmesh Culture Centre for partnering with us. Donations can still be picked up from their location in Martindale.

## Transit Safety

Transit safety is a top priority for my office and we have continuously advocated over the past several months on concerns from residents regarding safety and cleanliness at the transit stations and on the LRT.

**The following safety measures have been added:**

- Increased transit patrols;
- Enhanced surveillance;
- Establish downtown location for two teams along the LRT lines; and
- Hiring of 808 Calgary Transit employees, including additional sergeant positions, corporate security, and transit peace officers (to partner with the DOAP team) to support the unhoused population.

The Transit Watch program helps patrons report non-emergency safety concerns while riding the Transit system through the text line. The program offers three reporting services: the text line (**74100**), the phone line (**403-262-1000, option 1**), and the **'Help'** button located at C-Train station platforms.

If you see something, say something. The **Transit Watch** text messaging tool is available 24/7, and passengers can discreetly text **74100** to communicate with Calgary Transit staff and dispatch officers in real-time. In case of emergencies, always call 9-1-1.

### Schedule Changes

Spring service changes will begin on March 20, 2023. Most of the changes being made are adjustments to schedules to improve connections and improve Transit ability to meet schedules.

Details about the upcoming changes to service are available online at: [www.calgarytransit.com/content/transit/en/home/news/spring-service-revisions-2023](http://www.calgarytransit.com/content/transit/en/home/news/spring-service-revisions-2023) along with the Transit app, and our website.

### Transit Hiring

Since mid-January, 400 operators have been hired and an additional 400 will be hired by the end of the year. The application process to become an operator is extensive and is followed by a 25-day training program. To learn more or to apply please visit [www.calgarytransit.com/content/transit/en/home/news/we-re-hiring-](http://www.calgarytransit.com/content/transit/en/home/news/we-re-hiring-)

Please continue to send in your ideas and concerns as you see things in the Ward. Do you have a suggestion for a community garden or an art project? Improvement to a current park or pathway? How can we help our Ward become greener with more trees?

The QR code will direct you to our office email where you can send us your queries and concerns. You can also email us directly at [ward05@calgary.ca](mailto:ward05@calgary.ca) or call **403-369-9537**. 🌸

**Raj Dhaliwal**  
Councillor Ward 5, City of Calgary



**MOVING WARD 5 FORWARD | [www.rajyyc.ca](http://www.rajyyc.ca)**



rajdhaliwal\_yyc



@RajDhaliwal\_YYC



Raj Dhaliwal



Launchpad Learning

# Launchpad Learning Summer Camps

For more info or to register, contact **780.803.6383** or visit [launchpadlearning.ca](http://launchpadlearning.ca)

Camp Title	Date	Cost	Details
Website Designers	July 3-7 9AM to 4PM	\$340	This camp will teach you the basics of HTML, CSS and JavaScript so you can create your own website. Campers will be able to share projects with family and friends and can even do school homework as a webpage.
Mobile App Development - Beginners	July 10-14 9AM - 4PM	\$340	Campers will learn the basics of designing and creating mobile apps. Even those new to coding will be able to create their first app, install to a mobile device or even publish to the online store to share around the world!
Minecraft Creators - Make your Own Minecraft Mod	July 17-21 9AM - 4PM	\$360	Calling all Minecrafters! Building Minecraft mods is a great way to learn programming, harness creativity, and enhance problem-solving skills. Using a simple drag-and-drop coding environment, campers will accomplish exciting results with their one-of-a-kind Minecraft features!
Python Game Developers	July 24-28 9AM - 4PM	\$320	Ready to learn one of the most widely used programming languages in the world? Python is a very versatile and easy-to-learn starter language that is widely used by software developers, scientists and data analysts. Through the games they create, campers will learn and practice core coding concepts and learn Python-specific concepts.
Lego Robo Wars	July 31 - Aug. 4 9AM - 4PM	\$360	Take your first step into the exciting world of robotics with Lego. First-time coders will soon be controlling a multitude of different functions and sensors. Campers will learn to program a "smart device", and turn code into action by harnessing Lego's capabilities in creative ways.
Game Design in JavaScript	August 7-11 9AM - 4PM	\$340	Get introduced to the language of the internet, JavaScript. Starting with the fundamentals, campers will explore how internet is made interactive by JavaScript and how to code games in JavaScript. Each day in the camp will culminate into a small project that will be based on the concepts learned during the day.
Roblox Entrepreneur	August 14-18 9AM - 4PM	\$340	Turn your love of playing video games into a dynamic summer hobby. If your kid is dreaming of becoming a Roblox Creator to produce their own game, then the Roblox game development journey starts here.
Mobile App Development - React Native	August 21-25 9AM - 4PM	\$360	React Native is fast becoming the programming language of choice to create apps in Android and iOS. In this camp, students will start learning the basics of React Native, and then move on to create meaningful apps for both android and iOS. Campers can use the knowledge gained from this camp to create their own app, and publish it.

**BALL HOCKEY LIVE YOU'VE NEVER SEEN BEFORE.**



## SPRING YOUTH BALL HOCKEY

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**OR**

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kanwarpannu0919@gmail.com



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## Greetings Community Members

With a fresh start to 2023, I would like to take this opportunity to introduce myself to you. I am **Const. Amie Furneaux** and I am a 15-year member of the Calgary Police Service. I am currently assigned to the Diversity Resource Team.

The Diversity Resource Team is made up of officers from the Calgary Police Service, each of whom is assigned to a portfolio that represents a diverse community in Calgary. Our liaison officers work with members of these communities to ensure their needs are met and that they are supported by the Calgary Police Service. Within the team, I serve as the liaison officer to Calgary's South Asian Community.

In order to best reflect the needs of the South Asian community, I receive advice from a board of community leaders within the South Asian community who represent you. The South Asian Police Advisory Board (SAPAB) is a group of highly active community leaders who provide me with direction on how to serve South Asians best. I meet with SAPAB monthly and receive advice about how the Calgary Police Service can better connect with the community and build trust.

Community engagement is crucial as a police officer because I believe that to be an asset to the community, we must be a part of the community. I want to ensure

that my engagement with you is meaningful and productive, and that you get the information you need to feel safe and informed. Throughout the year, I plan to give presentations within the community about key issues facing not only the South Asian community, but also all Calgarians, including fraud, domestic violence, basic laws for newcomers, drugs and addictions, and mental health. These presentations and topics have been determined based on advice from the valued members of the SAPAB. The presentations and topics will be assessed throughout the year.

I will also be contributing informative news articles that reflect the values of the Calgary Police Service and provide information on a variety of topics.

Please understand that as a liaison officer I do not investigate anything. If you need to file a police report, call **403-266-1234**. If you need emergency assistance, call **911**.

Throughout the year, the SAPAB members and I will be attending various community celebrations, and I hope to meet you there. 🌸

Respectfully,  
**Const. Amie Furneaux**  
*Calgary Police Service*





# SUMMER SEASON FREE OPEN TRIALS



**AGES  
5 To 9**

**CHECK IN:  
11:30 AM**

**TRIALS:  
12:00 To 1:00 PM**

**AGES  
10 To 14**

**CHECK IN:  
12:45 PM**

**TRIALS:  
1:15 To 2:45 PM**

**AGES  
15 To 18**

**CHECK IN:  
2:30 PM**

**TRIALS:  
3:00 To 4:30 PM**

**VENUE:** **CITYSCAPE CRICKET GROUND**  
(CORNER OF CITYSCAPE DRIVE AND CITYSCAPE AVENUE)

**DATE:** **May 7th, 2023**

Register by scanning the **QR CODE**  
or email [info.fsleague@gmail.com](mailto:info.fsleague@gmail.com)



**STAY ACTIVE  
& HAVE FUN!**



HOP INTO ACTION

# Easter

BOOKING PROMOTION

Book the MPR today and  
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**April 11-22, 2023**

\*Subject to availability. Must secure  
booking prior to April 22nd.



403-930-6185 | [bookings@genesis-centre.ca](mailto:bookings@genesis-centre.ca)

MOTHER'S DAY PROMO

**MAY 14, 2023**

*Drop-in as a family.  
Mothers get in  
FREE!*



*Mothers/Fathers must be accompanied by another  
member of the household. For drop-in only.*

FATHER'S DAY PROMO

**JUNE 18, 2023**

*Drop-in as a family.  
Fathers get in  
FREE!*



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**APPOINTMENT NOW!**

**genesisphysio.ca**  
**403-453-2420**

Located inside the Genesis Centre at  
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VISIT OUR OTHER CALGARY LOCATIONS:

**EastHills**  
PHYSIOTHERAPY

**403-207-1960**

409 E Hills Blvd SE #303

**SageHill**  
PHYSIOTHERAPY

**587-535-1439**

23 Sage Hill Passage NW

**Meadows Mile**  
PHYSIOTHERAPY

**403-885-6404**

200-8450 Blackfoot Trail SE

# Dashmesh Culture Centre



## Our Services

### DCC Food Bank

The DCC food bank provides essential foods for families and individuals. Our Food Hampers generally include breakfast items (cereal, pancake mix, milk), canned food items (beans, lentils, sauce, soups, veggies, etc.), dinner foods (Kraft Dinner, pasta, etc.), kids' snacks, and hygiene products (soap, toothpaste/toothbrushes, pads, tampons, etc.). DCC Food Hampers are available for pick up and delivery.

### No Hungry Tummy Hot Meals

The No Hungry Tummy initiative is a service that provides fresh Hot Meals containing Flat bread, lentils, and rice pudding. Hot meals are served at Dashmesh Culture Centre and are available for delivery.



## Food Hamper & Hot Meal Requests

### Delivery

To request a Food Hamper delivery, please email [food@dashmesh.ca](mailto:food@dashmesh.ca) and we will get back to you within 24 hours.

#### In the email, include:

- How many people are in the household.
- Any dietary restrictions.
- If any hot meals are required.

*\*Deliveries are made from Friday to Sunday.\**

### Food Hamper & Hot Meal Pickup

We are open Monday to Sunday, from 12 PM to 4 PM.

#### Our address for pickup is:

135 Martindale Blvd NE,  
Calgary, AB  
T3J 2X5

# Mata Sahib Kaur Ji Women and Children's Transitional Housing

In 2020, Dashmesh Culture Centre was successful in acquiring properties located at 198, 202 and 206 Saddleback Road NE from the City of Calgary. On this site Dashmesh Culture Centre will develop a 62 unit Women and Children's Transitional Housing Project. The mission and vision of the project is to provide a safe environment to support individuals, families and communities to live free of violence and abuse. Through strategic partnerships with service providers, individual and corporate sponsors and all levels of government, our goal for project is to provide a safe facility/environment for women and children to seek the protection they require and receive the help and guidance to have a bright future.



We believe it is every human's right to live without fear of physical and emotional abuse. In partnership with our community, we would like to empower and support women and children to move beyond violence and abuse through the safety of transitional housing, education and outreach services.

This Development is much needed in the NE quadrant and will serve families off all communities, faiths and backgrounds. This project is strategically located close to Saddletowne Circle, Saddletowne LRT station, schools, Genesis Centre and also Dashmesh Culture Centre. We are proud to partner with Gracorp and Graham Construction for development of this project. Construction will commence in spring of 2023 will a completion date of fall 2024.

PROJECT  
PARTNERS



GRACORP

**GRAHAM**



Rick Balbi Architect Ltd.



**For more information** on our projects and food security initiatives please visit [www.dashmesh.ca](http://www.dashmesh.ca) or email [info@dashmesh.ca](mailto:info@dashmesh.ca).

If you would like to support our Mata Sahib Kaur Ji Women and Children's Transitional Housing Project or DCC Food Bank through donations, please visit in person at 135 Martindale Blvd NE, or via e-transfer at [donate@dashmesh.ca](mailto:donate@dashmesh.ca). 



# Save Water in the Garden with Rain!

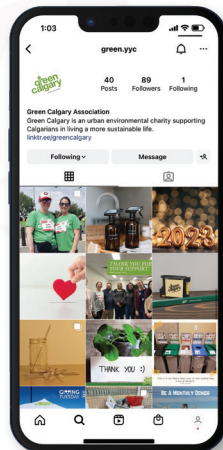


Calgary gets more rain than it seems – it just comes all at once! Because of that, rain barrels and other rainwater harvesting devices are useful in Calgary to help you reduce the amount of water you need to use from your tap.

**Here are some of the reasons you and your plants will love you for using rainwater!**

1. Rainwater is chlorine-free
2. Rain is at a natural temperature
3. This water falls from the sky and is free!

ABOVE: Green Calgary offers rain barrels throughout spring and summer.



Some options you have for collecting and using rainwater include underground pipes linked to your downspouts and cisterns, but one of the easiest and least expensive ways to get started is with a rain barrel. Green Calgary and many other retailers sell rain barrels throughout the spring and summer, and these can save you over 3,000 litres of water each year!

Visit Green Calgary's website at [greencalgary.org/rain](https://greencalgary.org/rain) to learn more or order a barrel.

# Food is Expensive!

## How do I keep it from going to waste?

Food is getting increasingly expensive, and it can be difficult to balance food freshness and cost. While food storage and leftover use are important, meal planning is the easiest way to reduce the food waste you create and save you money, while helping the environment, too.

### Try these simple meal planning tips to help you cut down on food waste:

- **Take an inventory of what you have left over before you go to the market:** finding ways to use produce and dried goods that you already have on hand can reduce food spoiling.
- **Plan around flex days:** no plan is perfect and if you expect to follow your meal plan every single day, it might disappoint you! Making plans for meals that are based on frozen or dried foods or things you can make ahead of time lets you put off those meals until later if something comes up.
- **Give yourself space to figure it out:** it might be difficult to change routines or try something new and if you get discouraged, you can stop trying before really figuring it out. Give yourself the time and space to try and find what works for you. That's your best path to success!

If you like these tips and want to learn more, consider joining one of our **Spill the Beans: Unpacking Your Food Waste** programs! They're free at locations around the city and online. Check [greencalgary.org/food](https://greencalgary.org/food) for details. Good luck! 🌱

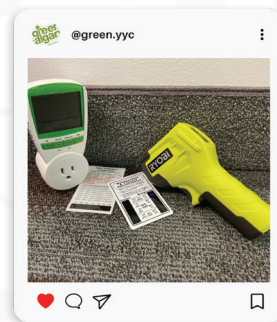
## Ever Wonder What Uses the Most Energy in Your Home?

The easiest answer is likely your clothes dryer if you use one. Drafty windows and electrical outlets will also increase the amount of energy you use in your home when heating and cooling. But there are many items that use small amounts of energy that might surprise you!

Up to 10% of your electricity use could come from what we call phantom or standby power: energy drawn from electronics and appliances even when they're not in active use. You can probably guess some of these yourself, from TV standby modes to computer sleep modes to the small clocks or displays on many appliances. This wasted energy use contributes to your environmental footprint as well as your energy bill.

Limit your energy use by checking your house for leaks, power use, and more! You can find checklists online of what to check, or contact us to borrow an energy self-audit kit. Either way, reducing your energy use is good for you and good for the planet.

Visit [greencalgary.org/energy](https://greencalgary.org/energy) for more info. 🌱



# Upgraded Fieldhouses at Genesis Centre by Fall 2023

## Genesis Centre's indoor fieldhouses are getting a facelift this summer!

The Genesis Centre will be undertaking a \$500k renovation project in 2023 to upgrade its two fieldhouses in the following ways:

- New pulastic flooring in Field House 2 that is designed to reduce the risk of injury while providing excellent traction. The flooring in Field House 2 will be comparable to those used in our Community and Feature Gymnasiums.
- Field House 1 will feature artificial turf for the Fall/Winter seasons (October-March) and a concrete pad for the Spring/Summer Season (April-September).
- Both fields will feature 8-foot boards, compared to the current 4-foot boards. This will provide more containment for equipment and make for a more enjoyable playing experience. The outer area of the boards will also be made of glass. Thus, creating a quality viewing experience for those enjoying from outside the fieldhouses.



### IMAGES:

The Genesis Centre's indoor fieldhouses will be receiving an update in 2023 to create space for new activities.



# Frequently Asked Questions

## When will the new fields be available to use?

The new fields will be available to use as of October 2023, pending the project sticks to its timeline. However, we will be taking bookings on the fieldhouses in lead up to the completion of the project.


## What can you play?


Facility users and rentals' clients can play the same activities they could before, plus several new ones! The pulastic flooring will accommodate new activities such as floor hockey, volleyball, badminton, and other net-based activities. The turf can accommodate the same activities as before as well as lacrosse, field hockey, and cricket with the addition of the glass paneling.

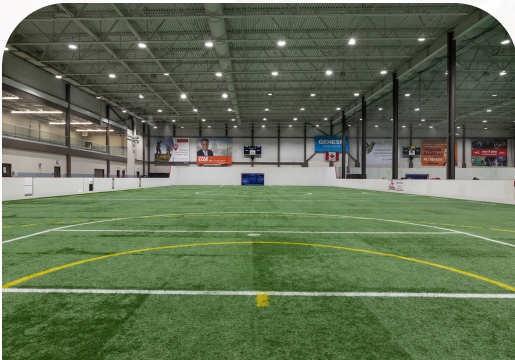
## What will the rates be?

We are still assessing what our pricing model will be for these new fields. As a non-profit, we aim to ensure our pricing reflects the accessibility and affordability needs of the community while ensuring the organization remains financially sustainable. We encourage you to subscribe to our e-newsletter and follow us on social media for the most up-to-date information. This info, along with our current rates, can be accessed online at [www.genesis-centre.ca](http://www.genesis-centre.ca).

## Will the rules/conditions of use change for the new fields?

The conditions of use will not change from our existing conditions of use policy. A breakdown of these conditions can be accessed via our Bookings Kit PDF, which is downloadable on our website at [www.genesis-centre.ca/venue](http://www.genesis-centre.ca/venue). 

These changes were prompted in part by the necessity for a routine maintenance upgrade, however also because the quality of these fields will be greatly improved. The intention with these changes is to widen the Genesis Centre audience by transforming into spaces that can host more sport and recreational opportunities than before. The changes will create space for new activities to take place at Genesis Centre, such as field hockey, lacrosse, and cricket. 





### **Do you know someone who likes trains?**

Someone who gets excited when the crossing lights start to flash? When they hear the whistle and the clickety-clack? There's a kid in all of us, and the place to be is the **Genesis Centre** on **April 15 & 16**, when **SUPERTRAIN 2023** rolls into town.


SUPERTRAIN is Canada's biggest and best train show, and there is something for everybody. Whether it is Thomas the Train or Lego, Lionel trains or finely detailed scale models, everyone in the family will find something to delight them. Not only are there miniature trains, but big trains too. Canadian Pacific's popular mini-train will be on site. Almost 100 exhibitors will impress you with new exhibits, spectacular displays, and a fun, affordable day out for the whole family!

Joining the exhibitors will be face painting, a henna tattoo artist, story-book reading, and a children's play area with large Thomas and Lego tables free and waiting to be enjoyed! Many of the layouts will

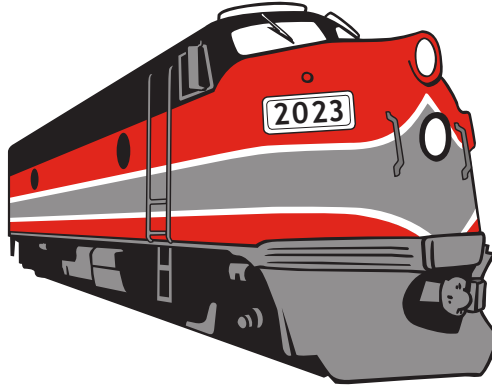
let the kids take the throttle and run a train themselves. Exhibitors will be happy to share advice on how to get started in model railroading yourself. Learn about Calgary's CTrain system or the many museums and historical associations that celebrate the trains of days gone by.

SUPERTRAIN has been showcasing everything about trains for over 25 years, and this year it is back, better than ever. Hobby shops, manufacturers, vendors, and enthusiasts from all over North America combine to share their passion with you. And if all this makes you hungry, 8 food trucks will be there to satisfy your appetite.

There is free parking at the Genesis Centre, or forget your car and just take the CTrain to SUPERTRAIN. It's a short walk from the Saddletowne station.

Adult admission is \$15 and children aged 15 years and younger get in for **FREE!** Doors open from 9:00 am to 5:00 pm both Saturday and Sunday. 

THE CALGARY MODEL RAILWAY SOCIETY PRESENTS  
**CANADA'S LARGEST MODEL  
TRAIN SHOW**



# ***SUPERTRAIN***

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## **GENESIS CENTRE**

7555 Falconridge Blvd NE Calgary, Alberta

**Saturday & Sunday April 15 - 16 9 am - 5 pm**  
**General Admission \$15 / Age 15 & Under FREE\***

*\* Children aged 12 and under must be accompanied by an adult*



**[www.supertrain.ca](http://www.supertrain.ca)**



## A Message from the Genesis Centre President & Executive Director

The Genesis Centre has been a prominent fixture in northeast Calgary for the past decade, serving as a multifaceted resource for all essential aspects of wellness, including social and human services, sports, cultural events, and community engagement. As we set our sights on the next decade, we are thrilled to build on our previous accomplishments and strive towards further progress.

Upon entering the Genesis Centre, visitors will undoubtedly recognize familiar spaces and friendly faces, but will also notice new and innovative programs and partnerships. We are unwavering in our commitment to continually seeking out fresh opportunities to improve our community offerings and provide inventive services to our community.

**ABOVE:** The Genesis Centre is dedicated to serving the evolving needs of the community.

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We understand that transformation takes time and careful consideration, which is why we will gradually introduce new programs and partnerships, testing out various concepts each season to determine what resonates with our community. We understand that some initiatives may not gain traction, but we remain dedicated to learning from these experiences and adapting to meet the evolving needs of our community.

Over the past decade, we have gained invaluable insights into our community and ourselves. We recognize the distinctive needs and challenges specific to northeast Calgary and are steadfast in our commitment to being a responsive and adaptable resource for all that we serve.

In light of the COVID-19 pandemic, we discovered new community needs that necessitated immediate attention. We adapted our programs and services to meet these needs and found creative ways to continue serving our community, despite the obstacles.


While our physical building is a vital resource, we recognize that we can also leverage our facilities in innovative ways. We are eager to explore fresh approaches to utilizing our spaces, from hosting community events to offering novel fitness programs, to maximize our impact on our community.

As we embark on the next ten years, we remain dedicated to our vision and to serving the needs of our community. We aspire for the Genesis Centre to serve as a positive influence in northeast Calgary and the greater Calgary community. We are optimistic about the prospects that the future holds and eagerly anticipate evolving and growing over the next ten years and beyond.



**TOP:** Sherry King, Genesis Centre Executive Director.

**BOTTOM:** Sharon Evens, Genesis Centre President.

Thank you to our customers, stakeholders, volunteers, partners, and our community. With your continued support and feedback, the strategic leadership provided by the Board of Directors, and an energetic entrepreneurial team, the Genesis Centre continues to be one of the most essential natural community hubs ever and will continue to make a lasting impact on the quality of life for everyone in the community. 

**Sherry King**  
Executive Director

**Sharon Evens**  
President



## Genesis Centre Active Living Program Providers

### **Alberta Tunisian Association (ATA) Soccer**

info@albertatunisianassociation.ca  
www.albertatunisianassociation.ca

### **All Canadian Karate Union**

jbray@acku.org • (403) 232-0228  
www.acku.org

### **Best Beginning**

www.birthandbabies.com/best-beginning-program

### **Calgary Bengal Tigers SC**

cbengaltigers@gmail.com • (403) 804-1747 • (403) 554-6426  
www.calgarybengaltigers.ca

### **Calgary Hornets Lacrosse**

hornetslacrosse.com

### **Calgary Junior Table Tennis Association**

calgaryjitta@gmail.com  
www.cjtta.com

### **Calgary Knights Lacrosse**

registrar@calgaryknightslacrosse.com • (403) 568-3573  
www.calgaryknightslacrosse.com

### **Calgary Minor Soccer Association (CMSA)**

info@calgaryminorsoccer.com • (403) 279-8686  
www.calgaryminorsoccer.com

### **Calgary Northeast United (CNEU) FC**

info@cneu.ca • (403) 585-7500  
www.cneu.ca

### **Calgary Roller Hockey**

www.calgaryrollerhockey.com

### **Calgary Sport & Social Club**

info@calgarysportsclub.com • (403) 244-7529  
www.calgarysportsclub.com

### **Calgary United Soccer Association (CUSA)**

info@cusa.ab.ca • (403) 270-0363  
www.cusa.ab.ca

### **Calgary Women's Lacrosse League**

womenslacrosseyc@gmail.com  
www.calgarywomenslacrosse.com

### **Calgary Women's Soccer Association (CWSA)**

office@mycwsa.ca • (403) 720-6692  
www.mycwsa.ca

### **Dodgeball Calgary**

info@dodgeballcalgary.com  
www.dodgeballcalgary.com

### **Kshatriya Badminton Academy**

kshatriyabadmintonacademy.ca  
kbaamit@gmail.com • (587) 225-7786

### **Legacy Academy**

legacyacademysports@gmail.com  
www.legacyacademysports.com

### **Lions Soccer Club**

(403) 607-0751 / (403) 432-6666  
www.lionsoccer.ca

### **Little Kickers**

mpalma@littlekickers.ca • (833) 444-5425  
www.littlekickers.ca

### **Nachda Punjab Bhangra Academy**

(403) 835-8963  
www.bhangracalgary.ca

### **North Calgary FC**

www.northcalgaryfc.com

### **Pre-Kindergarten Educational Services**

register@prekindergartened.com  
www.pre-kindergartened.com

### **Soccer Elite Academy**

calgary@soccereliteacademy.ca • (403) 771-5399  
www.soccereliteacademy.ca

### **Spartans Soccer Club & Academy**

spartanfcainfo@gmail.com  
www.spartanssoccerclub.com

### **Team Rise Collective Inc.**

info@riseup-hoops.com  
www.riseup-hoops.com

### **The Hills Women's Soccer**

thehillssoccer@gmail.com

### **UMOJA Community Mosaic**

office@umojamosaic.org • (403) 764-5234  
www.umojamosaic.org

### **United FHC Calgary**

unitedfhccalgary@gmail.com • (403) 973-1012 • (403) 667-2524  
www.ufhc.ca

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